10 Good Reasons to Go for a Walk and Other Wellness Ideas

Mary Anne Malleret, Director, The Monthly Barometer, France
Thierry Malleret, Co-Founder, The Monthly Barometer & Co-Founder, Well Intelligence, France
Ten Good Reasons to Go For a Walk and Other Wellness Ideas

Mary Anne Malleret, Director, The Monthly Barometer
Thierry Malleret, Managing Partner, The Monthly Barometer
First Steps
Ten Good Reasons To Go For A Walk

10 Good Reasons to Go for a Walk

Thierry & Mary Anne Malleret

Foreword by Klaus Schwab
When you walk ideas pop up!