Is the Glass Half Full or Half Empty? That is Not the Question... The Glass is “Refillable”!

Silvia Garcia, Founder, Happiest Places to Work & Former Global Director of the Happiness Institute, Coca-Cola, U.S.
Is the Glass Half Full or Half Empty?

The Glass is "Refillable"!

FEEL :) LOGIC
Twin Brothers Jim Lewis and Jim Springer separated at birth and reunited 39 yrs later lived almost parallel lives. Both were named James, both owned a dog named Toy, both had married twice; first to women named Linda and second to women named Betty. Both drove Chevys, smoked Salem cigarettes and drank Miller Lite
Index of Happiness at Work

Based on the only scientific scale able to measure each component in every culture

PURPOSE

BALANCE

AGENCY

DIVERSITY

RECOGNITION

LEARNING

EXPERIENCES

RELATEDNESS

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Organizations with high happiness achieve:

- 37% INCREASE ON SALES
- 31% HIGHER PRODUCTIVITY
- 300% MORE INNOVATION
- 10% INCREASE CUSTOMER SATISFACTION
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