

THE KITCHEN: RE-IMAGINED

CONVENTIONAL

Groceries come in paper, aluminum, and plastic bags, jugs, boxes and cans that can leach into food laden with preservatives, thickeners, and colorants

Dead food is stored in freezing/near freezing refrigeration or at warm, room temperatures behind doors easily forgotten about for weeks or even years

Packaging from pre-made and pre-mixed food is thrown in the garbage or recycled

Microwaves not only reheat, but thaw and cook main dishes. Stove and ovens are designed for high-temperatures and quick cooking

Waste is bulky with a lot of packaging, only some of which is recyclable. Food is put in the trash and sent to landfills

Fast, unconscious eating habits increase proportions of food lacking in nutrients. Unhealthy additives allow for convenience & long shelf-life

Formal dining traditions designed the kitchen for women to prepare food in isolation before serving the dishes in a separate space

vs.

1

DELIVERY

2

STORAGE

3

PREPARATION

4

COOKING

5

DISPOSAL

6

CONSUMPTION

7

SOCIAL ACTIVITY

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WELLNESS

Fresh food is harvested from in-house gardens, home delivery is automated online for convenient, unprocessed local ingredients & bulk items

Living food is kept alive or dormant in a range of temperature and humidity controlled cupboards complete with running water and glass display doors

Fresh food means little packaging. The island is re-designed to accommodate multiple work stations & features like a central drain allowing easy clean up

Food is cooked over a range of temperatures from a variety of sources to maintain nutrients and enhance natural flavors

Unpackaged, fresh food and re-useable containers keep trash minimal, while compost collection allows organic matter to go back to the soil

Digestion begins with the eyes. Visible food storage is designed to tempt, food preparation acts as a natural digestive, & helps regulate proportions

The kitchen is the heart of the home designed to gather, entertain, and nourish family and friends with multiple workstations and seating areas