



GLOBAL WELLNESS
SUMMIT 2019

Energy Medicine... Woo Woo or What??

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Raison d'Etre

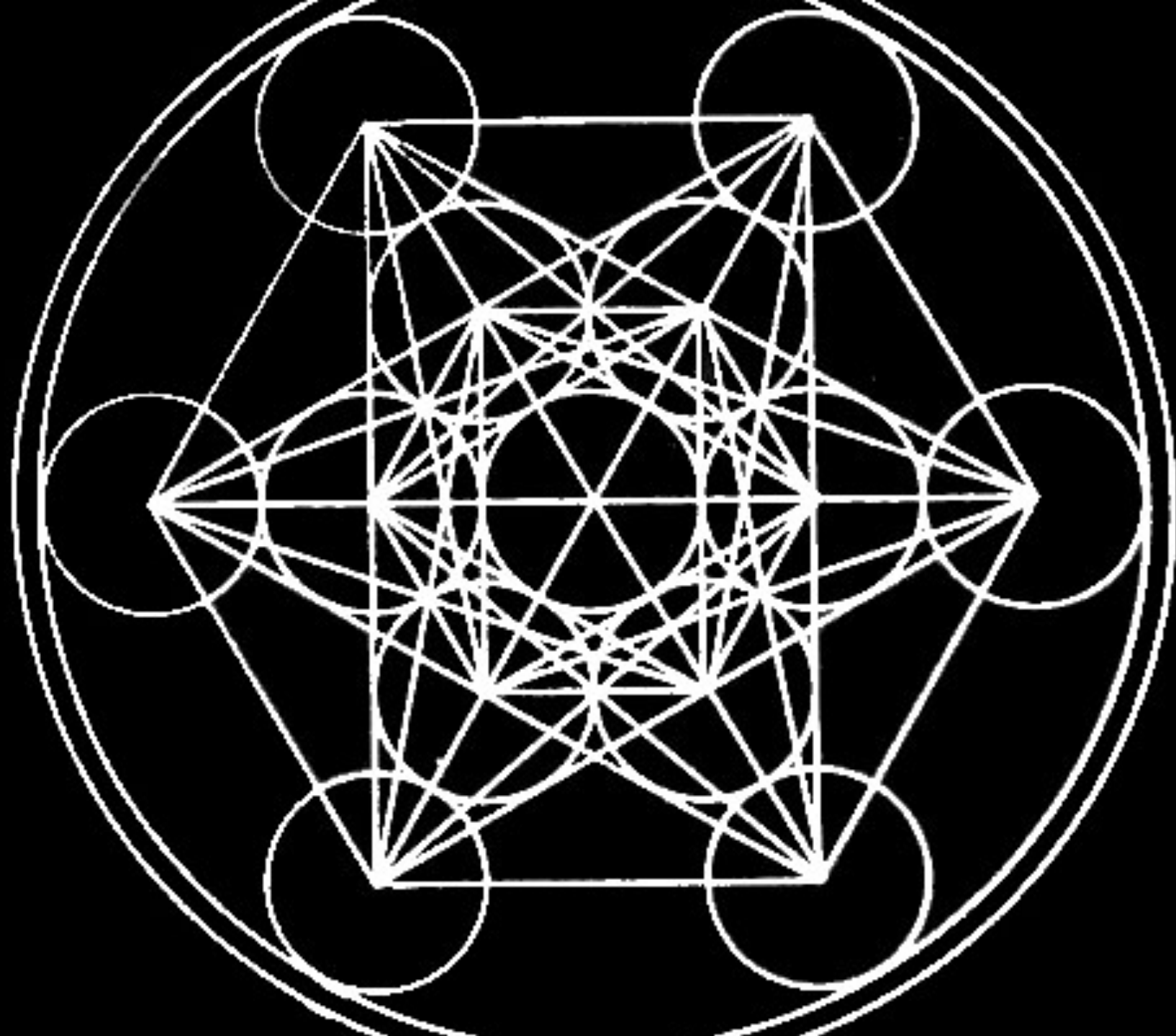


Anna Bjurstam

Energy Medicine









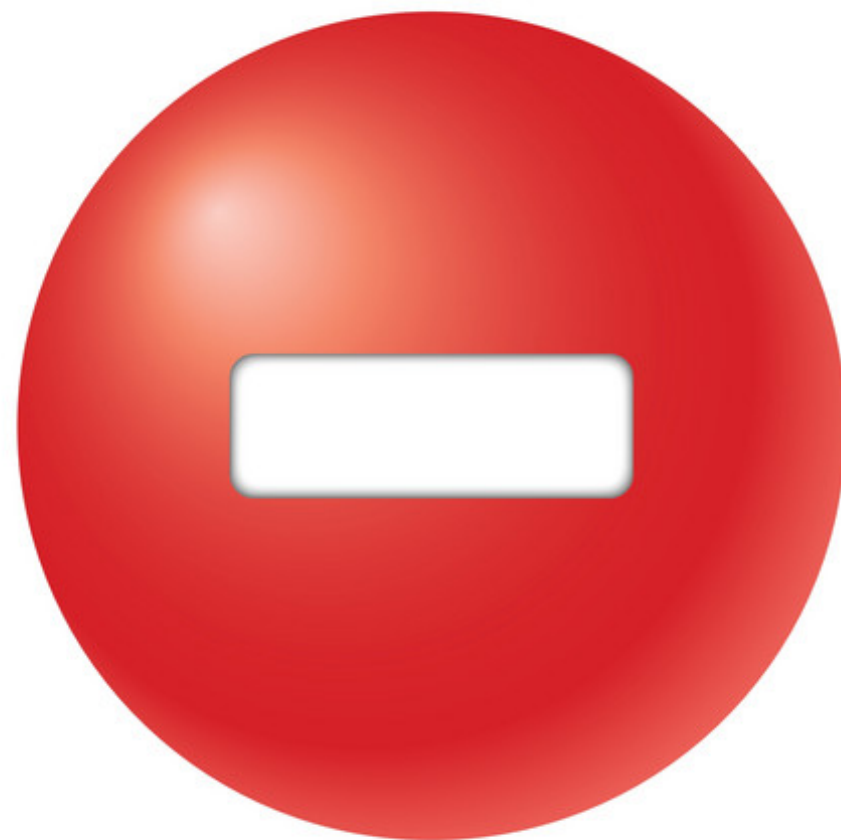




Six Senses Douro Valley, Portugal

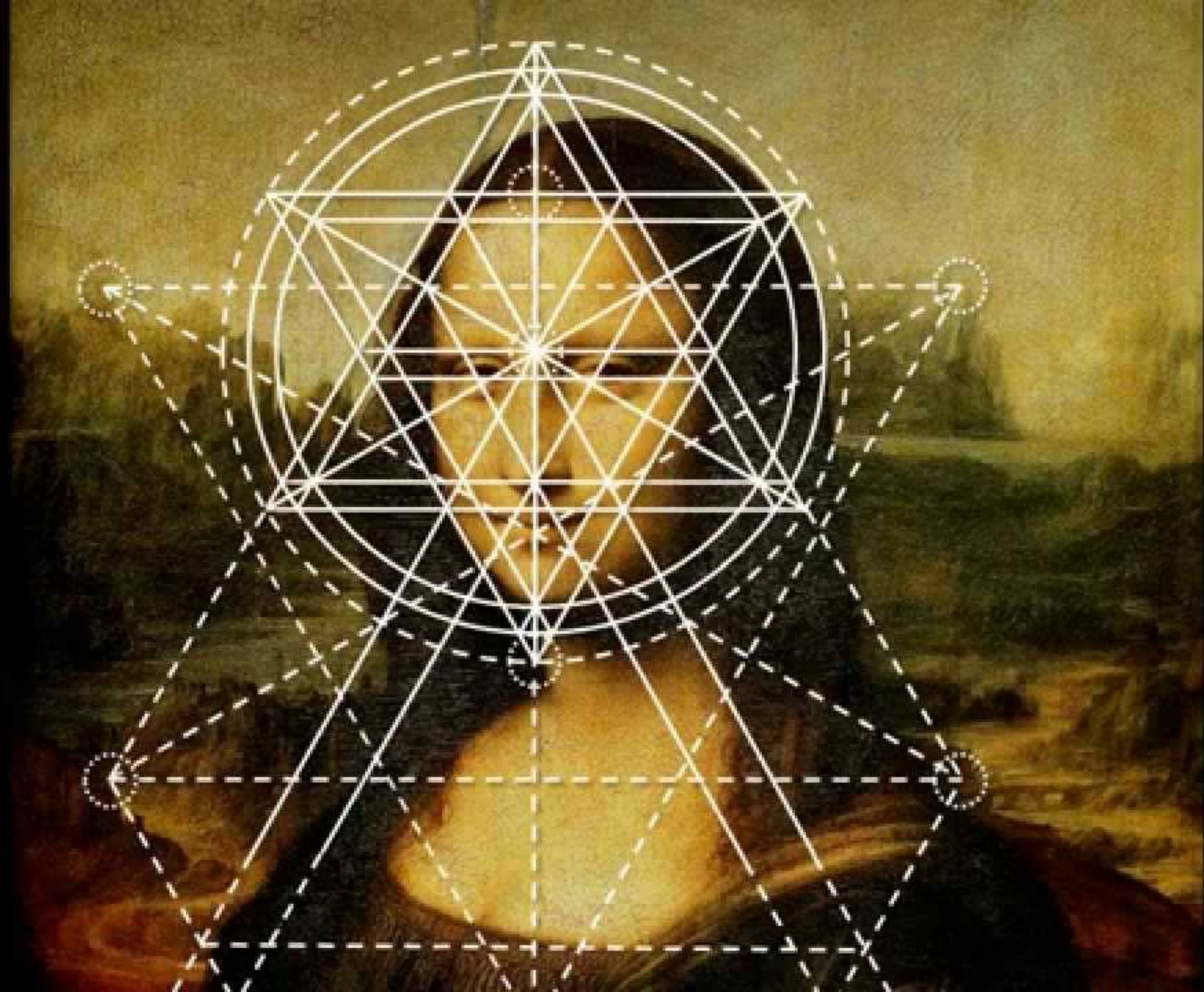


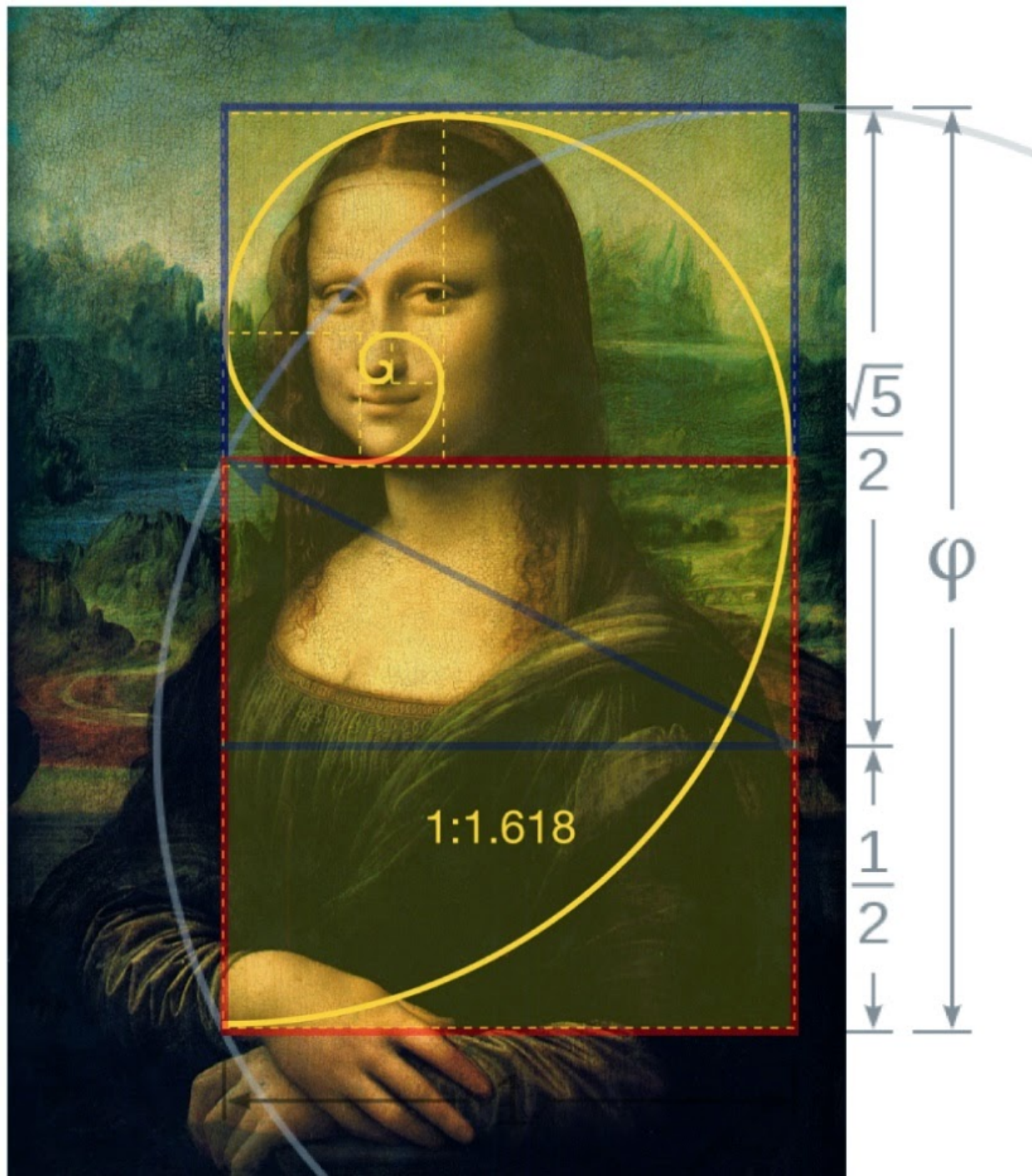




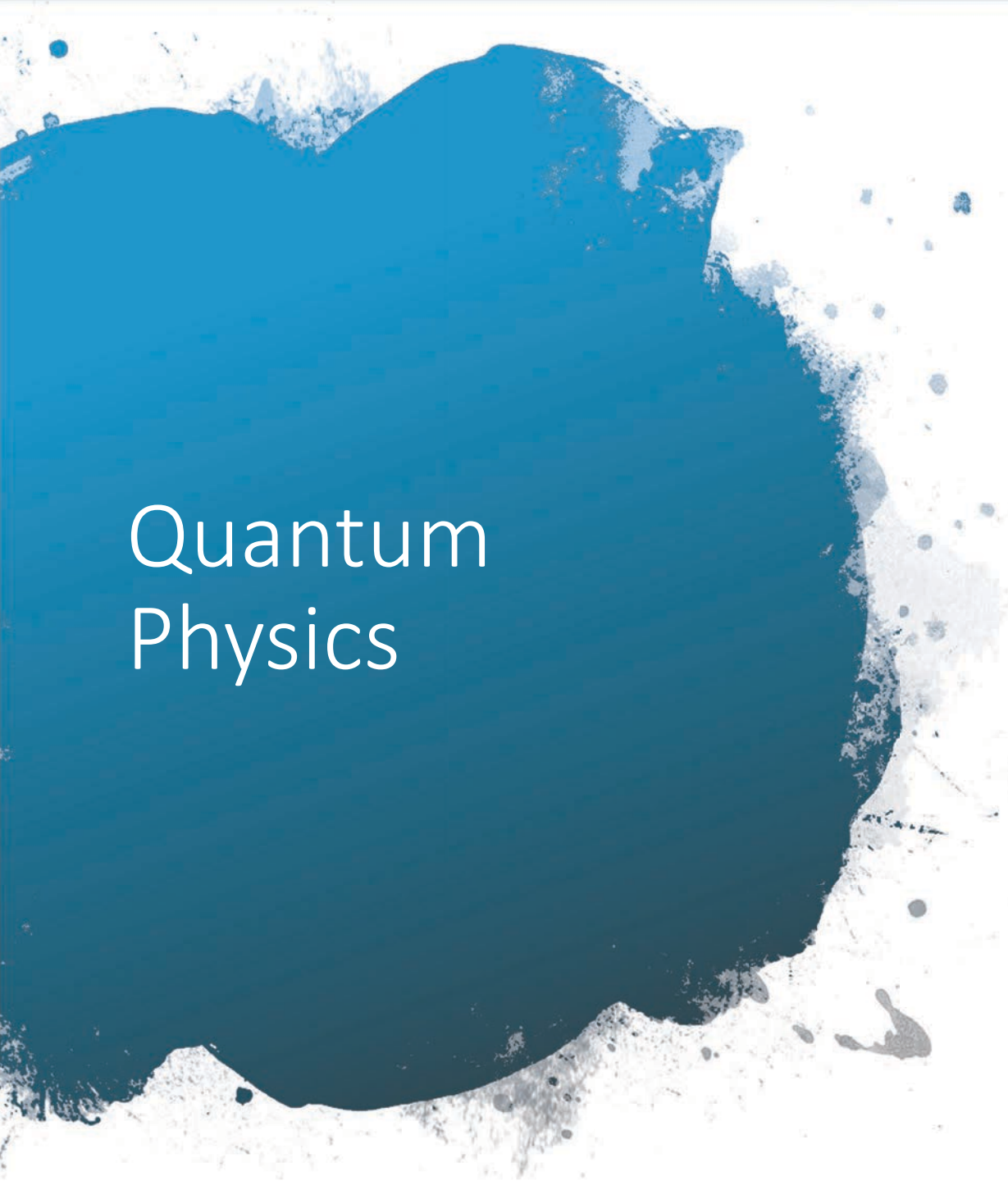












Quantum Physics

- Heisenberg: You can measure an electron's exact position – or you can measure the wave's momentum or speed, but you cannot measure both at the same time.
- A quantum object cannot be said to manifest in ordinary space-time reality until we observe it as a particle - *a thousandth of an inch follow* (collapse of the wave)
- All energy is transmitted in wave packets or quanta
- Unobserved quantum phenomena are radically different from observed ones
- The observation makes the quantum wave function collapse



Ether – The Field – The Matrix

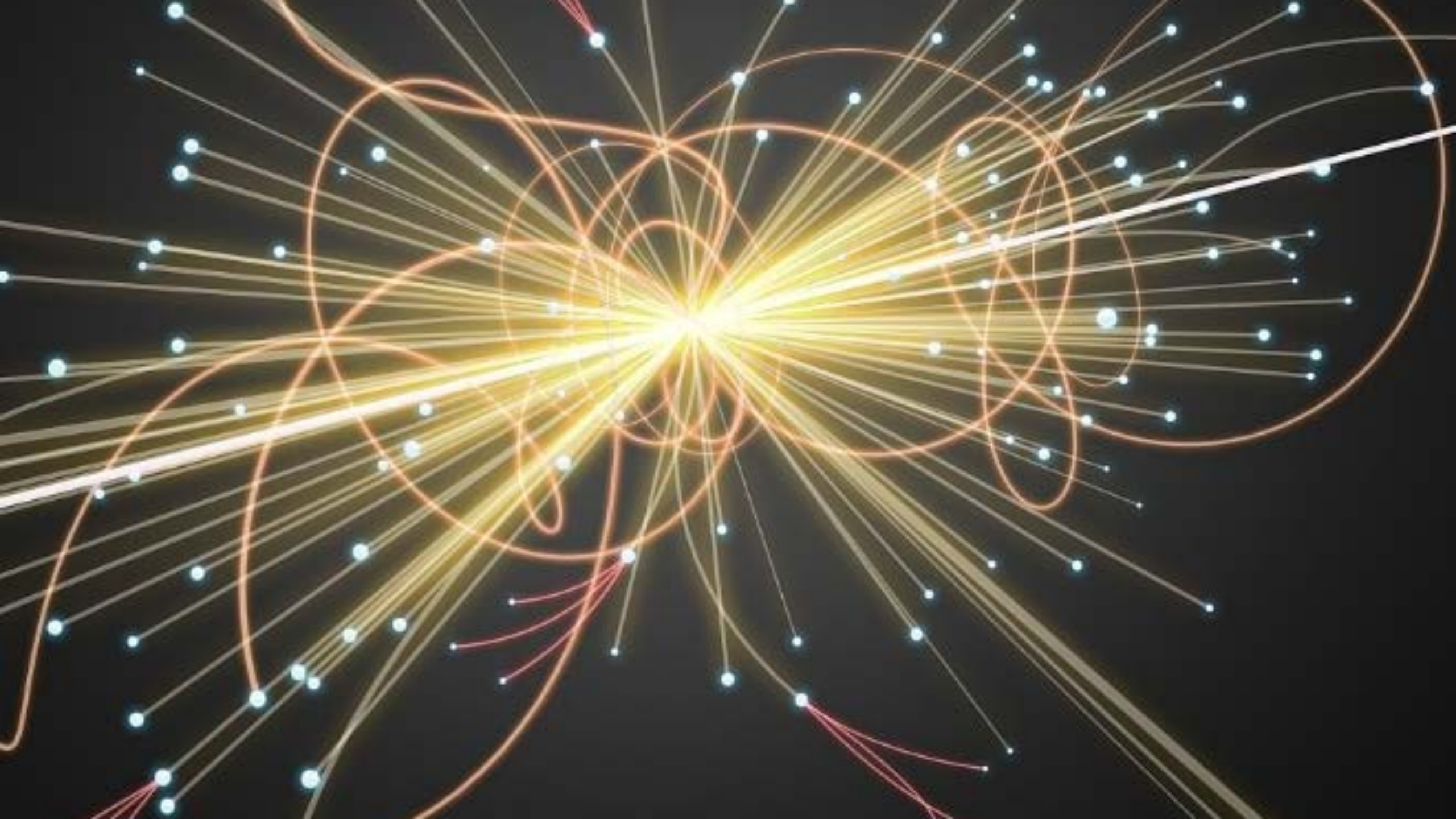
All matter originates and exists only by virtue of a force... We must assume behind this force the existence of a conscious and intelligent Mind. This Mind is the matrix of all matter."

Max Planck



“Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect.”

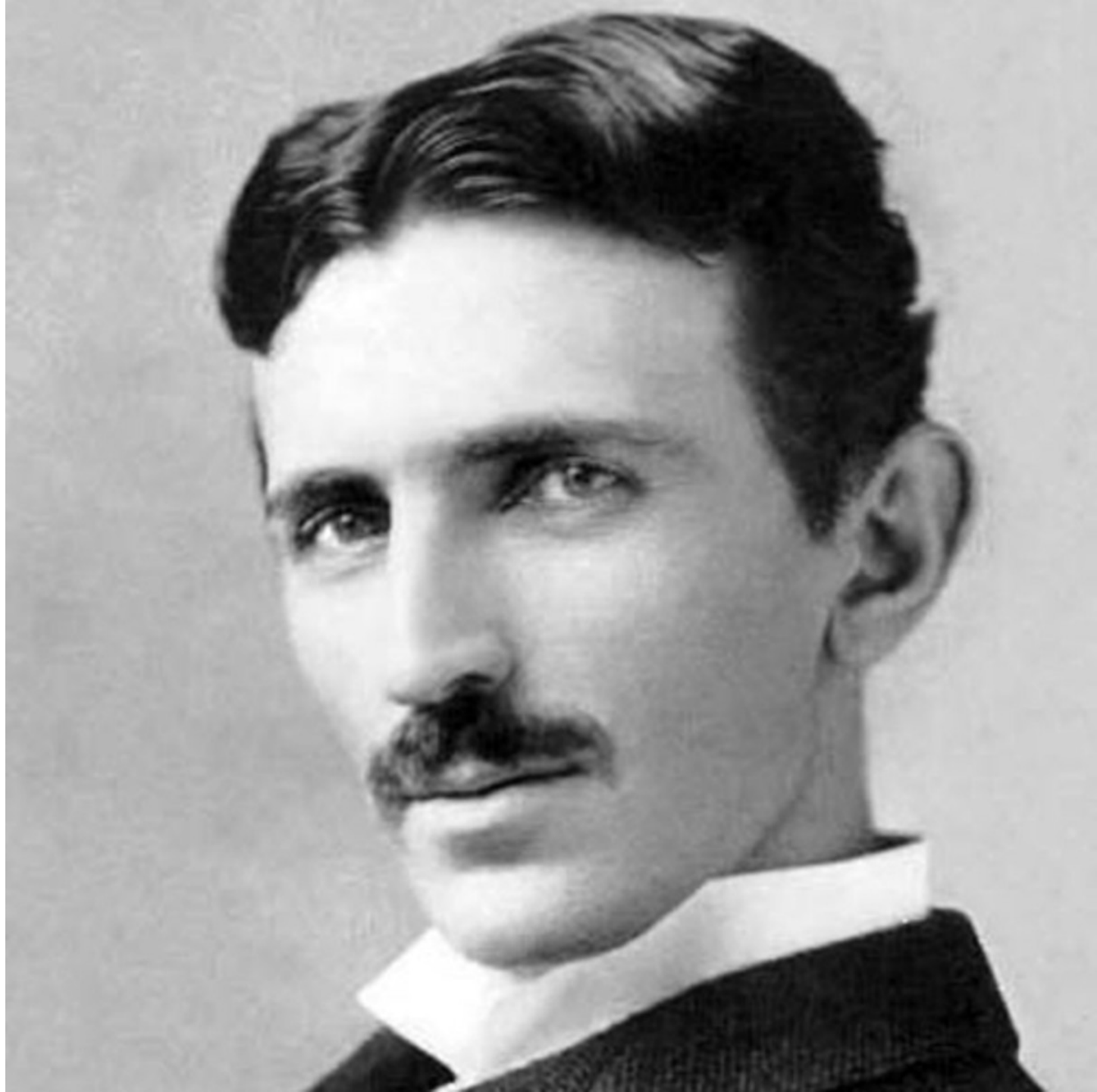






“My brain is only a receiver, in the Universe there is a core from which we obtain knowledge, strength and inspiration. I have not penetrated into the secrets of this core, but I know that it exists.”

– Nikola Tesla







Energy Medicine is the harnessing of the body's subtle energy system to create wellness.

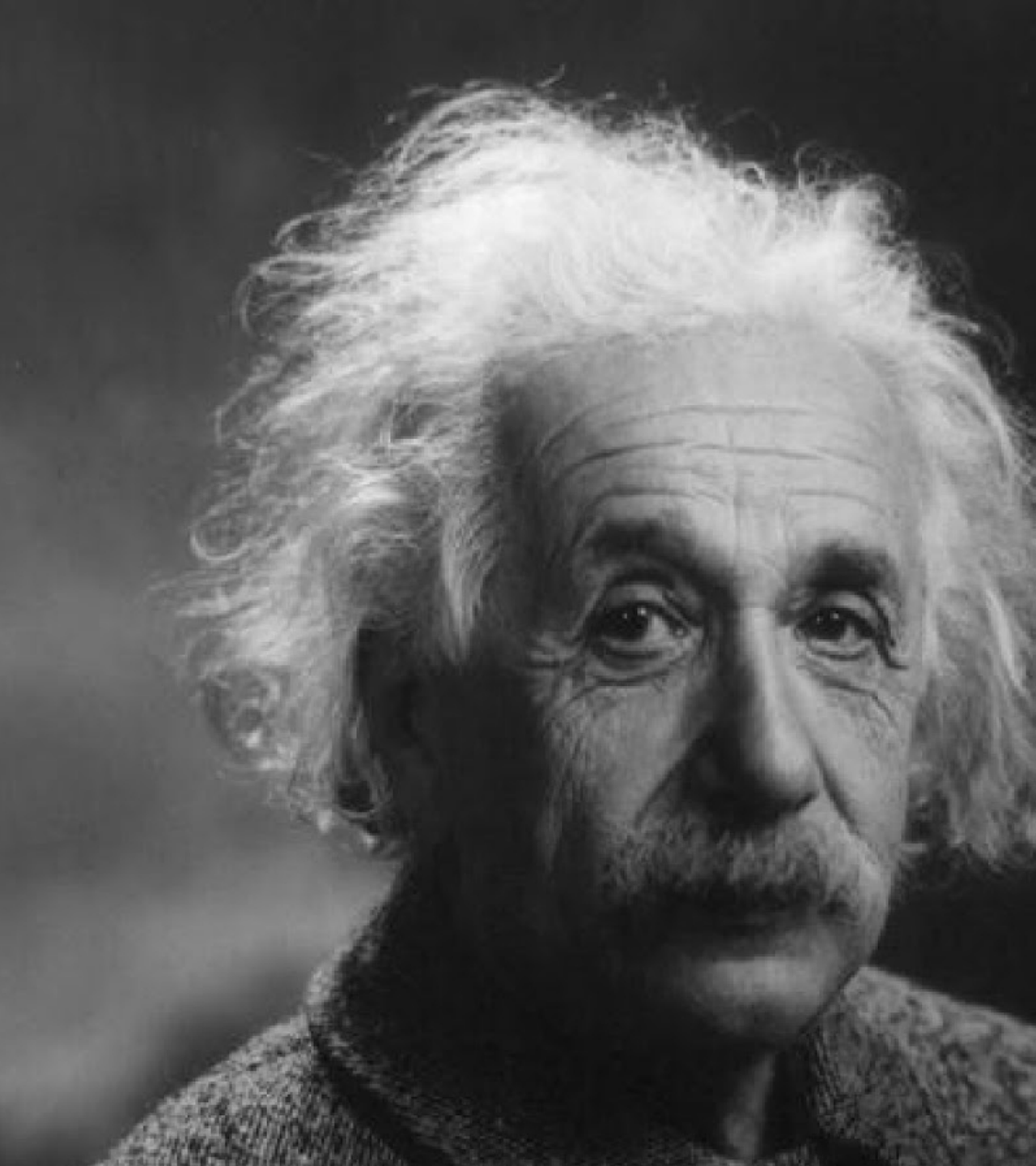
Just like your veins and arteries pump blood to keep you alive, so do your meridians pump energy to keep you alive and functioning.

Block energy to an organ and the organ will weaken.

Our body is enveloped in an energy field – an information field. Toxic emotions stored in the field cause many of our ailments, unhealed emotions and psychological trauma.





A black and white portrait of Albert Einstein, showing his characteristic wild, white hair and mustache. He is looking directly at the camera with a slight smile. The background is dark and out of focus.

**“The intuitive mind is a
sacred gift and the
rational mind is a faithful
servant.**

**We have created a society
that honors the servant
and has forgotten the
gift.”**

~Albert Einstein~



“It truly is amazing and I really do not want to go through what we were experiencing its very debilitating, however am still trying to get my head round it all!

It just makes me realize there is another dimension that I knew nothing about. Makes one feel pretty ignorant!”





The background of the image is a dark, textured surface. A heart shape is formed by swirling, translucent smoke or fire. The colors within the heart range from deep purples and blues on the left to bright oranges and yellows on the right, suggesting a flame. Small, glowing embers or sparks are scattered around the heart, particularly on the right side.

Thank you

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