The Future is Catching Us: Rejuvenation Medicine

Dr. Chris Renna, Founder, LifeSpan Medicine, US
The future is catching us:
REJUVENATION MEDICINE

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The future of predicting longevity: Studying the Epigenetic Clock
EPIGENETICS:
The Symphony of Life

Genes are the instruments and you are the conductor.

LIFE IS CHOICES
Find ways to positively affect epigenetics to improve your health and prolong your life.
Aging is the process of getting older and is linked to the loss of function over time.

Defeating aging means separating the process of getting older from the processes of losing function.
Aging is the biggest risk factor for developing diseases.

The incidence of every disease gets greater as you grow older.
Senescence: the many processes by which cells lose function.

For something to truly be anti aging, it must slow, stop or reverse senescence.
Regenerative medicine
Rejuvenative medicine

- Regenerate means replace.
- Rejuvenate means make younger, more vital and lively.
James Mellon, author of Juvenescence, Investor and Biotech pundit. In The Economist, in 2018 said,

“the anti-aging market is worth US $150 billion globally today. Imagine how much it would be worth if the products actually worked?”
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