



**GLOBAL WELLNESS
SUMMIT™**

JOINING TOGETHER. SHAPING THE FUTURE.



2025 Global Glimpse DIRECTORY

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About the Global Glimpse

The Global Glimpse, presented by Susie Ellis, Co-Founder, Chair and CEO of the Global Wellness Summit, offers a concise and compelling snapshot of the most forward-looking wellness real estate and community concepts worldwide. This curated directory draws from dozens of projects—from urban wellness hubs to remote, retreat-style residential developments—to show how wellness is being built into architecture, environment, service design, and investment strategy.

The Global Glimpse serves as a strategic illustration of where the wellness economy is heading. It pinpoints emerging patterns—including the convergence of medicine and wellness, sustainability, technology-driven living, and new community models—and shows how these forces are reshaping the sector's next chapter.

TYSON, VIRGINIA, UNITED STATES

The Mather, Tyson



KEY FACTS

Size: 293 residential units in two connected high-rise buildings, plus 14,000+ sq.ft. of commercial space

Certifications: WELL certification in progress; LEED Gold pre-certified

Wellness Themes: Improving healthspans and thriving in aging; earth friendly and sustainable buildings

www.themathertyson.com

The Mather in Tysons, Virginia, is the fourth community developed by Mather, a not-for-profit with over 80 years of experience in creating luxury senior living environments. Located in Fairfax County just outside Washington, DC, it follows Mather's Life Plan model, offering a continuum of living options that support independence, connection, and wellbeing. Designed to foster engagement and purpose, The Mather blends a focus on wellness with community connection and a modern, urban lifestyle.

FEATURES

- Person-centric wellness model emphasizing autonomy, achievement, and affiliation
- Amenities and programs inspired by luxury wellness resorts
- Multisensory and research-informed experiences guided by Mather Institute
- Biophilic design connecting residents with nature in an urban setting
- Community partnerships that extend wellness beyond the campus
- Smart-home technology and innovative automation for daily living

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Al Fahid Island by Aldar

Abu Dhabi, UAE

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AMAN Residences

Miami, FL, US

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Ameyalli

Midway, UT, US

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Amrit Ocean Resort

Riviera Beach, FL, US

[Visit Site](#)

Buchanan Wharf

Glasgow, UK

[Visit Site](#)

Basecamp by Xior

Various, Denmark

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Beoto

London, UK

[Visit Site](#)

Bike Ranch

Tucson, AZ, US

[Visit Site](#)

Blue Legacy Ventures, LLC

Miami, FL, US

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Brent Cross Town

London, UK

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Clinique La Prairie Wellness Resort

Red Sea Global, Saudi Arabia

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**Daphne Steele Building /
University of Huddersfield
National Health Innovation
Campus**

Huddersfield, UK

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Dhun Jaipur

Chak Gulabpura, Rajasthan,
India

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Eywa, The Tree of Life

Dubai, UAE

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Forêt Cabins

Muskoka, Ontario, Canada

[Visit Site](#)

Fox Point Farms

Encinitas, CA, US

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Gelephu Mindfulness City

Gelephu, Bhutan

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Grace Farms

New Canaan, CT, US

[Visit Site](#)

Indigo Community

Richmond, TX, US

[Visit Site](#)

Lake Nona

Orlando, FL, US

[Visit Site](#)

Lendlease Parkside Building

London, UK

[Visit Site](#)

Lotus Living

Philadelphia, PA, US

[Visit Site](#)

Miraval The Red Sea

Shura Island, Saudi Arabia

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**Mitsui Fodosan Residential
Wellness**

Japan

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**Mövenpick BDMS Wellness
Resort**

Bangkok, Thailand

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NAVA Lakehouse

Denver, CO, US

[Visit Site](#)

Neos Life

Montemor-o-Novo, Alentejo,
Portugal

[Visit Site](#)

Nurture Wellness Village

Tagaytay, Philippines

[Visit Site](#)

One Bear Mountain

Victoria, BC, Canada

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Populous Hotel

Denver, CO, US

[Visit Site](#)

Portland Airport

Portland, OR, US

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Preserve Life

Atlanta, GA, US

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Provence at the Havens

Bonsall, CA, US

[Visit Site](#)

Rancho Mission Viejo

CA, US

[Visit Site](#)

Renovi Recovery

Dominican Republic

[Visit Site](#)

Residences at Rancho La Puerta

Tecate, Baja California, Mexico

[Visit Site](#)

Rockaway Village

New York City, NY, US

[Visit Site](#)

ROMM Convent

Bangkok, Thailand

[Visit Site](#)

Sendero Verde

New York City, NY, US

[Visit Site](#)

Serenbe

Atlanta, GA, US

[Visit Site](#)

SHA Residences

Cancun, Quintana Roo, Mexico

[Visit Site](#)

Six Senses Dubai Marina Residences

Dubai, UAE

[Visit Site](#)

Skywater Residences

Marina Bay, Singapore

[Visit Site](#)

The Estate

Various, St. Kitts & US

[Visit Site](#)

The Farm at San Benito

Lipa City, Batangas, Philippines

[Visit Site](#)

The Forestias

Bangkok, Thailand

[Visit Site](#)

The Havens

Bonsall, CA, US

[Visit Site](#)

The Mather

Tysons, VA, US

[Visit Site](#)

The Pearl

Silver Springs, MD, US

[Visit Site](#)

The Round

London, UK

[Visit Site](#)

The Phénix by Lemay

Montreal, QC, Canada

[Visit Site](#)

The River District

Charlotte, NC, US

[Visit Site](#)

The Spine

Liverpool, UK

[Visit Site](#)

THE WELL (Bay Harbor Islands)

Miami, FL, US

[Visit Site](#)

THE WELL (Coconut Grove)

Miami, FL, US

[Visit Site](#)

THE WELL BDP (Toronto)

Toronto, ON, Canada

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The Wilds

Dubai, UAE

[Visit Site](#)

Tri Vananda

Phuket, Thailand

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Urbanest Student Accommodations

Battersea, UK

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Velvaere Park City

Park City, UT, US

[Visit Site](#)

Wellness Valley

Cesena, Italy

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Wen Living

San José del Cabo, Baja

California, Mexico

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Zamaya

Tulum, Quintana Roo,

Mexico

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