

EDITION AUGUST 2026

PHUKET

OUR SIGNATURE PROGRAMS

CLINIQUE
LA PRAIRIE

PHUKET

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LA PRAIRIE

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SIGNATURE PROGRAMS

A UNIQUE APPROACH BASED ON CLP LONGEVITY METHOD

At Clinique La Prairie Phuket, all programs are guided by the **Clinique La Prairie Longevity Method**, a science-based framework developed from decades of medical research and clinical expertise in preventive health and longevity medicine. This structured approach enables physicians and specialists to understand each guest's **unique biology**, **anticipate potential health risks**, and **design highly personalized interventions** aimed at improving long-term vitality and resilience.

At the heart of this method is the **Longevity Master Assessment™ (LMA)**, an advanced diagnostic platform analyzing more than **300 actionable biomarkers** across key biological systems. Combining advanced laboratory testing, genetic insights, microbiome analysis and functional assessments, the LMA provides a comprehensive understanding of **how the body is aging** – from inflammation and metabolic health to cardiovascular risk, immune resilience and cellular function.

Beyond creating a precise health baseline, these biomarkers allow Clinique La Prairie's medical team to **track biological changes over time**, offering guests a **measurable way to monitor progress and continuously refine their longevity strategy**. **This data-driven approach** transforms longevity from an abstract concept into a personalized, actionable roadmap for **long-term health and wellbeing**.

PROGRAMS

REVERSE AGING

INCLUDES LONGEVITY MASTER ASSESSMENT™

WEAKENED IMMUNITY & VISIBLE AGING

For guests experiencing lowered immune defenses, slower regeneration, visible signs of aging, or a general decline in resilience. This program regenerates the body and mind from within by strengthening immune defenses, supporting cellular renewal, and helping slow both visible and internal signs of aging – restoring resilience, vitality, and long-term wellbeing.

Price > starting from 31,800 CHF minimum 7 days / 6 nights

ESSENCE OF VITALITY

INCLUDES LONGEVITY MASTER ASSESSMENT™

PERSISTENT FATIGUE & LOW RECOVERY

For guests experiencing low energy, slower recovery, or reduced resilience. This program restores the body’s ability to produce energy, recover, and adapt by optimizing metabolic function, supporting cellular regeneration, and rebuilding long-term vitality.

Price > starting from 24,800 CHF minimum 7 days / 6 nights

MASTER DETOX

INCLUDES LONGEVITY MASTER ASSESSMENT™

PHYSICAL HEAVINESS & INFLAMMATION

For guests feeling heavy, overloaded, inflamed, or metabolically unbalanced. This program supports the body’s natural detoxification pathways, reduces inflammation, eliminates accumulated toxins, supports gut health, and helps guests feel lighter, clearer, and more balanced.

Price: starting from 20,950 CHF minimum 7 days / 6 nights

LIFE RESET

INCLUDES LONGEVITY MASTER ASSESSMENT™

MENTAL OVERLOAD & BURNOUT PREVENTION

For guests under constant pressure, struggling to switch off, or seeking emotional balance. This program combines medical insight, recovery therapies, nature, and wellbeing practices to reduce stress, restore clarity, rebalance the nervous system, and prevent burnout.

Price > starting from 14,900 CHF minimum 7 days / 6 nights

SHORT STAYS

HEALTH DIAGNOSTICS

PREVENTIVE MEDICAL INSIGHT

For guests who want a complete picture of their current health status and future risks. This program identifies potential issues before symptoms appear through advanced diagnostics, imaging, and medical analysis, resulting in a personalized health strategy.

Price > starting from 12,900 CHF 3 days / 2 nights

DISCOVER LONGEVITY

FIRST IMMERSION

For guests looking for an introduction to the Clinique La Prairie longevity approach. This short stay combines selected diagnostics, targeted therapies, and lifestyle guidance to restore energy, enhance wellbeing, and begin a proactive longevity journey.

Price > starting from 9,900 CHF 3 days / 3 nights

REVERSE AGING

WEAKENED IMMUNITY & VISIBLE AGING

Reawaken vitality, immunity, and balance – where Swiss science meets natural renewal.

Born from nearly a century of pioneering longevity research, Reverse Aging is Clinique La Prairie's signature one-week journey to regenerate the body and mind from within.

Developed for those living fast-paced, high-performance lives, it offers a scientifically guided way to restore energy, strengthen immune defenses, and slow the visible and internal signs of aging. At the heart of the experience lies the five-step Longevity Method and four-pillar intervention – a holistic framework that combines medical science, nutrition, movement, and wellbeing therapies to reactivate the body's natural power of self-repair.

Through advanced cell regeneration and targeted immune-boosting treatments, the program helps reduce inflammation, renew skin and organ vitality, and enhance cognitive and emotional balance.

The result is a complete cellular revival: a lighter body, clearer mind, and renewed sense of energy to face life at your fullest.

YOUR HEALTH BENEFITS

1. Slowdown the aging process

- › Improved stress resilience and recovery capacity
- › Remain healthy for as long as possible
- › Enjoy the full potential of your entire life
- › Lengthen your pick of vitality
- › Reduce your body inflammation

2. Activate your immune system

- › Strengthen your immune system
- › Avoid seasonal sicknesses
- › Optimize your body functions

3. Support cellular longevity

- › Empower your vitality
- › Regenerate your cells
- › Beat the fatigue due to excessive traveling

4. Enhance stress management

- › Deal serenely with high pressure environment
- › Sleep deeply and wake up every morning fully rested
- › Counter the intensity of your life rhythm



WHAT'S INCLUDED IN THE REVERSE AGING PROGRAM

EVERY ELEMENT OF YOUR SEVEN DAYS.
THERAPIES, TREATMENTS AND MOVEMENT.

Across the four interconnected CLP pillars – Medical, Nutrition, Wellbeing and Movement – every element is delivered under continuous physician supervision.

MEDICAL

- › **LMA:** Advanced laboratory tests
- › **LMA:** Precision Longevity – Clinique La Prairie exclusive Gene Aging DNA Test
- › **LMA:** Glycans screening, exclusively available at Clinique La Prairie
- › **LMA:** Ceramides screening, exclusively available at Clinique La Prairie
- › Longevity consultations and week-long follow-up by your leading physician
- › Chest x-ray
- › Abdominal ultrasound
- › Electrocardiogram
- › One aesthetic consultation
- › One high-tech skin analysis

CUTTING-EDGE REVERSE
AGING FORMULAS

- › Exclusive CLP Cellular Genomic Reverse Aging (*locally adapted*)*
- › One session of revitalising antioxidant injection
- › Vitamin / essential therapy injection based on lab results

NUTRITION

- › **LMA:** One Nutrition Index Assessment, a CLP proprietary tool that provides a unique insight into your nutritional strenghts as well as your potential areas of improvement
- › **LMA:** DNA microbiota test and probiotic cure based on the results, discussed with the nutritionist during a remote follow-up consultation after the stay
- › One private “Immuno-Nutrition” workshop
- › One “Unlocking Longevity” consultation to develop a personalised nutritional plan based on medical results and lifestyle
- › Exclusive Morning Blend*
- › Exclusive Evening Blend*
- › Longevity Herbal Infusions
- › Clinique La Prairie Anti-inflammatory menus

WELLBEING

- › **LMA:** One Wellbeing Index Assessment, aimed at evaluating both physical and mental wellbeing
- › One low-frequency vibration therapy session
- › One Tailored Cellular Reset Facial by La Prairie, customised based on the high-tech skin analysis
- › One tailored treatment based on the Wellbeing Index Assessment
- › One revitalising massage

MOVEMENT

- › **LMA:** Movement Index Assessment
- › One personal training session

* CLP proprietary scientific solutions, available exclusively at Clinique La Prairie.

INFORMATION ABOUT THE PROGRAM

Duration › minimum 7 days, 6 nights

Price › starting from 31,800 CHF*

*The above price includes accommodation in a Signature Villa, full anti-inflammatory board, airport transfers, ongoing medical supervision and a personalized program, plus service charge, VAT, and Int.



ESSENCE OF VITALITY

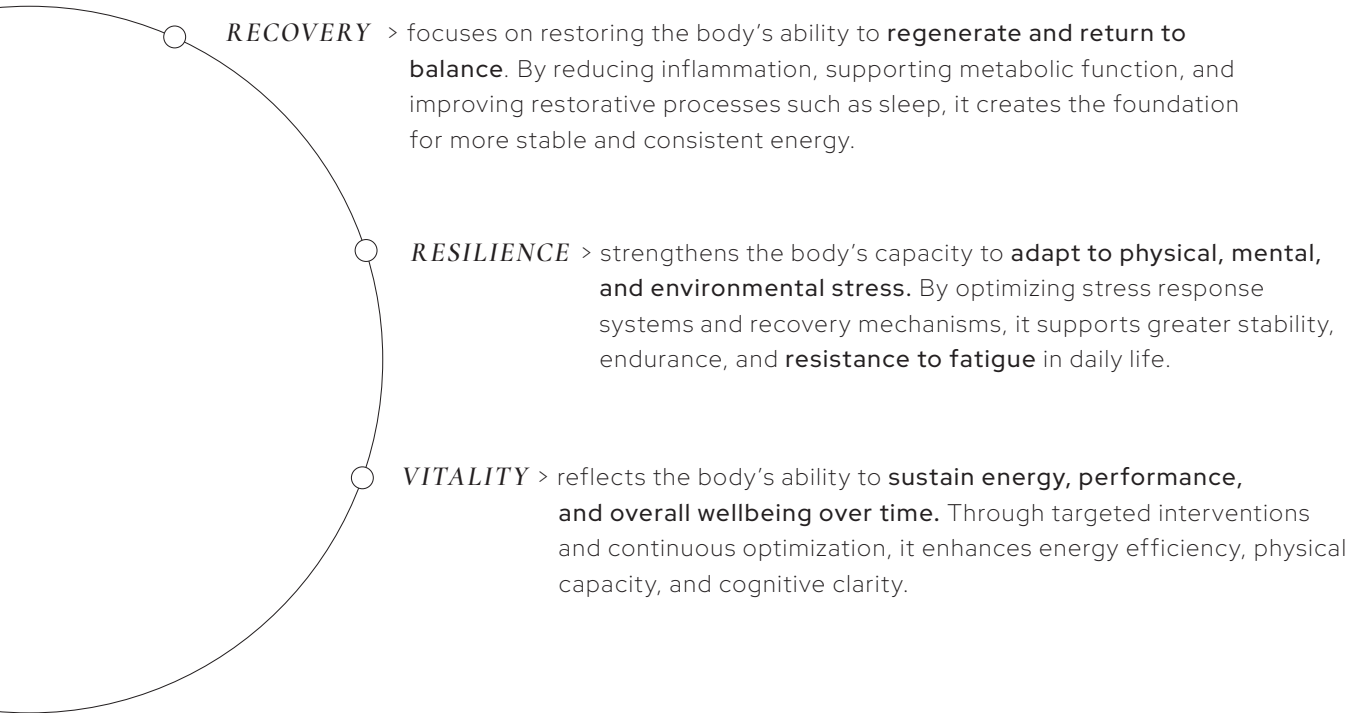
PERSISTENT FATIGUE & LOW RECOVERY

Restore your body’s capacity to perform, recover, and adapt.

Essence of Vitality is designed for individuals experiencing a decline in energy, recovery capacity, or overall performance – often linked to sustained stress, demanding lifestyles, or early functional imbalances. At its core, the program addresses the biological mechanisms that regulate how your body produces energy, responds to stress, and recovers over time.

AN INTEGRATED APPROACH ACROSS THREE ESSENTIAL DIMENSIONS

Rather than focusing on a single aspect of health, the program acts simultaneously across three **interconnected dimensions** – recovery, resilience, and vitality – each reinforcing the other to create sustainable results.



A PERSONALIZED, SCIENCE-BASED STRATEGY

The program begins with a comprehensive assessment of your **metabolic, hormonal, and physiological** profile, identifying key factors affecting energy, recovery, and performance.

Based on these insights, a fully personalized intervention is developed across the four pillars – medical, nutrition, movement, and wellbeing – to recalibrate essential systems and restore functional balance. This structured yet adaptive approach ensures that improvements are not only achieved, but sustained over time.

DESIGNED FOR

Individuals experiencing **reduced energy, slower recovery, or increased fatigue**, as well as those seeking to restore balance, enhance performance, and build long-term resilience within demanding lifestyles.

EXPECTED OUTCOMES

- > Renewed and more consistent energy levels
- > Improved stress resilience and recovery capacity
- > Enhanced physical and cognitive performance
- > Better sleep quality and overall balance
- > A personalized longevity roadmap to sustain results over time

WHAT'S INCLUDED IN THE ESSENTIAL VITALITY PROGRAM

EVERY ELEMENT OF YOUR SEVEN DAYS.
NUTRITION, WELLBEING AND RECOVERY.

Across the four interconnected CLP pillars – Medical, Nutrition, Wellbeing and Movement – every element is delivered under continuous physician supervision.

MEDICAL

- › **LMA:** Advanced laboratory tests
- › **LMA:** Genetic testing
- › **LMA:** Glycans screening, exclusively available at Clinique La Prairie
- › **LMA:** Ceramides screening, exclusively available at Clinique La Prairie
- › Longevity consultations and week-long follow up by your leading physician
- › In-depth Hormonal Profiling
- › Lactate/pyruvate ratio
- › Advanced oxidative stress panel
- › Comprehensive cardiovascular assessment, including:
 - Consultation with the cardiologist
 - ECG
 - Eco-doppler
- › Proprietary IV Longevity approach for Vitality
- › Ozone therapy protocol
- › CLP Advanced V-Complex (locally adapted)*

NUTRITION

- › **LMA:** One Nutrition Index Assessment, a CLP proprietary tool that provides a unique insight into your nutritional strengths as well as your potential areas of improvement
- › **LMA:** DNA microbiota test and probiotic cure based on the results, discussed with the nutritionist during a remote follow-up consultation after the stay
- › Continuous glucose monitoring
- › One private nutrition workshop
- › One “Unlocking Longevity” consultation to develop a personalised nutritional plan based on medical results and lifestyle
- › Exclusive Morning Blend*
- › Exclusive Evening Blend*
- › Longevity Herbal Infusions
- › Clinique La Prairie anti-inflammatory menus

* CLP proprietary scientific solutions, available exclusively at Clinique La Prairie.

WELLBEING

- › **LMA:** One Wellbeing Index Assessment, aimed at evaluating both physical and mental wellbeing
- › Health Optimization Protocol:
 - One photobiomodulation session
 - One low-frequency vibration therapy session
 - One cryotherapy session
- › 3-Phases meditation protocol (*locally adapted*)
- › Sleep-enhancement aromatherapy protocol (self-applied, daily prior to sleep)
- › One facial treatment by La Prairie
- › One pain & stress relief massage
- › One sound healing therapy

MOVEMENT

- › **LMA:** One Movement Index Assessment, to comprehensively evaluate physical functionality, neuro-muscular health and mobility, to ultimately optimize longevity through targeted exercise. It includes:
 - Inbody Assessment
 - LPG assessment, muscle strength and respiratory evaluation
 - Senaptec assessment*includes Fatigue assessment
- › One nature immersive experience (locally adapted)
- › Daily optimization training plan

INFORMATION ABOUT THE PROGRAM

Duration › minimum 7 days, 6 nights

Price › starting from 24,800 CHF*

*The above price includes accommodation in a Signature Villa, full anti-inflammatory board, airport transfers, ongoing medical supervision and a personalized program, plus service charge, VAT, and Int.



MASTER DETOX

PHYSICAL HEAVINESS & INFLAMMATION

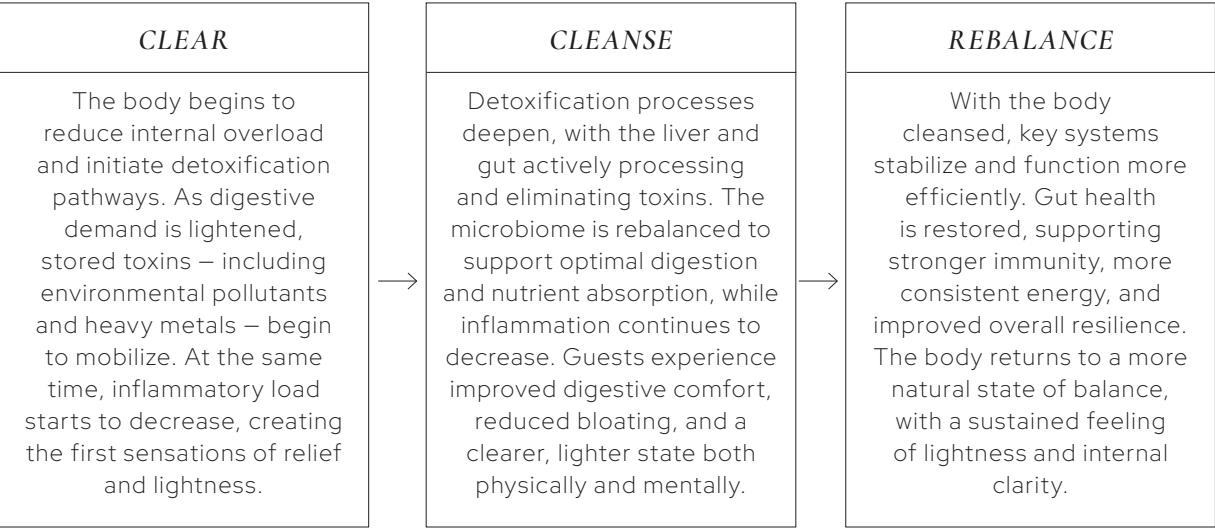
Release what your body no longer needs. Reduce inflammation, eliminate toxins, and restore inner balance.

The Master Detox program is designed for individuals experiencing fatigue, digestive discomfort, or a persistent feeling of heaviness—often associated with chronic inflammation, environmental toxins, heavy metals, and metabolic overload.

Over time, these imbalances can disrupt essential physiological functions, impacting digestion, energy levels, immune balance, and overall vitality. This program supports the body’s natural detoxification processes—particularly through the liver, gut, and microbiome—to safely eliminate accumulated toxins, reduce inflammation, and restore internal harmony.

A STRUCTURED RESET IN THREE KEY PHASES

This program follows a progressive, step-by-step approach, allowing the body to cleanse, reset, and rebalance—ensuring both effective detoxification and a meaningful sense of renewal.



MEDICAL SUPERVISION IN A NATURALLY THERAPEUTIC ENVIRONMENT

The program begins with advanced diagnostics to assess toxin load, inflammatory markers, metabolic efficiency, and gut health – providing a precise understanding of your body’s detoxification capacity. Based on these insights, a fully personalized detox protocol is developed under continuous medical supervision, combining targeted therapies, anti-inflammatory nutrition, and microbiome support to safely eliminate toxins and restore internal balance.

DESIGNED FOR

Individuals experiencing fatigue, bloating, digestive imbalance, skin issues, or a general feeling of heaviness, as well as those exposed to high levels of stress, pollution, or environmental toxins.

EXPECTED OUTCOMES

- › Reduction of inflammation and toxin load, including heavy metals and environmental pollutants
- › Improved gut health, immunity and metabolic balance
- › Enhanced digestion and reduced bloating
- › A lighter body sensation and improved physical comfort
- › Clearer skin and improved overall vitality



WHAT'S INCLUDED IN THE MASTER DETOX PROGRAM

EVERY ELEMENT OF YOUR SEVEN DAYS.
NUTRITION, WELLBEING AND RECOVERY.

Across the four interconnected CLP pillars – Medical, Nutrition, Wellbeing and Movement – every element is delivered under continuous physician supervision.

MEDICAL

- › **LMA:** Advanced blood tests
- › **LMA:** Clinique La Prairie Gene Nutrition DNA Test – exclusively created for Master Detox
- › **LMA:** Glycans screening – exclusively available at Clinique La Prairie
- › **LMA:** Ceramides screening – exclusively available at Clinique La Prairie
- › Longevity detox check-up with four medical consultations
- › Minerals and vitamins screening to identify and correct deficiencies
- › Antioxidant injections
- › Reboot cleanse – non-invasive internal cleansing of the intestines
- › Exclusive CLP Cellular Genomic Detox: 100% natural nutraceutical protocol with anti-inflammatory, immunostimulatory and microbiota-supporting properties (*locally adapted*)*

NUTRITION

- › **LMA:** One Nutrition Index Assessment, a CLP proprietary tool that provides a unique insight into your nutritional strengths as well as your potential areas of improvement
- › **LMA:** DNA microbiota test and personalized probiotic cure, delivered during a remote follow-up consultation
- › Private Master Detox workshop
- › Unlocking Longevity consultation to develop a personalized nutritional plan
- › Exclusive MD Plant Blend*
- › Exclusive MD Herbal Drops*
- › Exclusive Morning Blend*
- › Exclusive Evening Blend*
- › Longevity Herbal Infusions
- › Clinique La Prairie anti-inflammatory menus

* CLP proprietary scientific solutions, available exclusively at Clinique La Prairie.

WELLBEING

- › **LMA:** One Wellbeing Index Assessment, aimed at evaluating both physical and mental wellbeing
- › One detoxifying massage
- › One cryotherapy session
- › One deep cleansing and detoxifying facial treatment
- › One photobiomodulation session
- › One pressotherapy session
- › One reflexology session
- › One low-frequency vibration therapy session

MOVEMENT

- › **LMA:** One Movement Index Assessment
- › One personalized personal training session
- › One metabolism and breathwork session
- › One outdoor activity with a coach
- › Two aerial yoga sessions

INFORMATION ABOUT THE PROGRAM

Duration › minimum 7 days, 6 nights

Price › starting from 20,950 CHF*

*The above price includes accommodation in a Signature Villa, full anti-inflammatory board, airport transfers, ongoing medical supervision and personalized program, service charge and VAT.

LIFE RESET

MENTAL OVERLOAD & BURNOUT PREVENTION

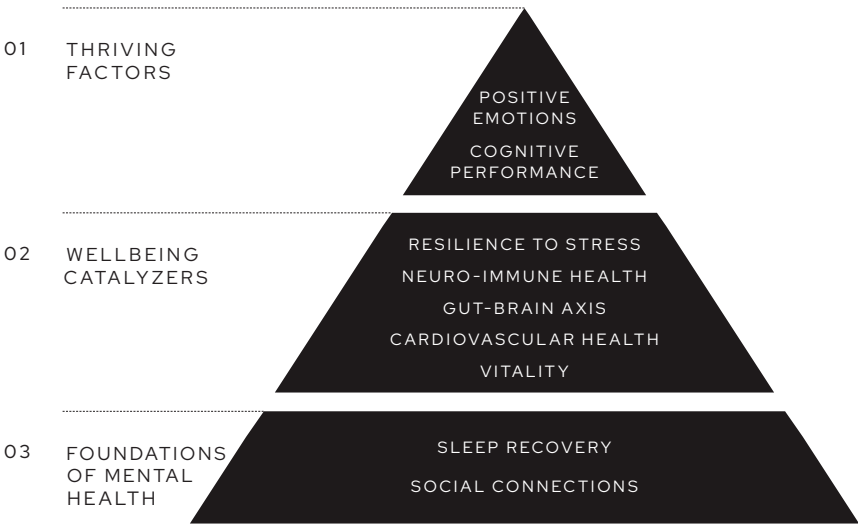
A structured approach to release stress, restore emotional balance, and prevent burnout before it takes hold.

Life Reset is designed for individuals who feel mentally overloaded, emotionally stretched, or disconnected from their natural rhythm – often as a result of sustained pressure and high-performance lifestyles.

It addresses not only how you feel, but how your body processes stress, regulates emotions, and maintains clarity over time.

FROM OVERLOAD TO INNER REALIGNMENT

The program follows a progressive pathway to help you step out of constant pressure and regain control – mentally, emotionally, and physiologically.



WHERE NATURE BECOMES AN ACTIVE PART OF THE RESET

Set within a powerful natural environment, the program uses nature not as an escape, but as a biological regulator helping to:

- Calm the nervous system
- Regulate emotional responses
- Restore mental clarity

This interaction between environment and physiology accelerates the reset process and supports deeper, more lasting change.

DESIGNED FOR

Individuals experiencing stress, emotional fatigue, mental overload, or early signs of burnout, as well as those seeking to regain clarity, balance, and control.

EXPECTED OUTCOMES

- › Reduced stress levels and nervous system regulation
- › Improved emotional balance and stability
- › Better sleep quality and mental clarity
- › Prevention of burnout and long-term mental fatigue
- › A renewed sense of control and inner alignment
- › A personalized strategy to sustain mental wellbeing

WHAT'S INCLUDED IN THE LIFE RESET PROGRAM

EVERY ELEMENT OF YOUR SEVEN DAYS.
NUTRITION, WELLBEING AND RECOVERY.

Across the four interconnected CLP pillars – Medical, Nutrition, Wellbeing and Movement – every element is delivered under continuous physician supervision.

MEDICAL

- › **LMA:** Advanced laboratory tests
- › **LMA:** Exclusive Life Reset DNA test
- › **LMA:** Glycans screening – exclusively available at Clinique La Prairie
- › **LMA:** Ceramides screening – exclusively available at Clinique La Prairie
- › Initial and final consultation with your referring doctor
- › CLP Cellular Genomic Life Reset (*locally adapted*)*

NUTRITION

- › **LMA:** One Nutrition Index Assessment, a CLP proprietary tool that provides a unique insight into your nutritional strengths as well as your potential areas of improvement
- › **LMA:** DNA microbiota test and personalized probiotic cure, delivered during a remote follow-up consultation
- › One private Mood Enhancement & Nutrition workshop
- › One Unlocking Longevity consultation – personalized nutritional plan
- › Exclusive Pro Plant Blend LR*
- › Exclusive Morning Blend*
- › Exclusive Evening Blend*
- › Longevity Herbal Infusions
- › Clinique La Prairie anti-inflammatory menus

* CLP proprietary scientific solutions, available exclusively at Clinique La Prairie.



WELLBEING

- › **LMA:** One Wellbeing Index Assessment, aimed at evaluating both physical and mental wellbeing
- › Two mental health coaching sessions (*locally adapted*)
- › Comprehensive 3-phase meditation protocol (*locally adapted*)
- › One session of low-frequency vibration therapy
- › One Chi Nei Tsang massage
- › One relaxing massage
- › One tailored treatment based on the Wellbeing Index Assessment
- › Two energizing circuits
- › Two revitalising circuits
- › Daily restorative breaks

MOVEMENT

- › **LMA:** Movement Index Assessment
- › One personal training session, calibrated to assessment results (*locally adapted*)
- › Nature immersion & sensorial integration (*locally adapted*)
- › Two sunrise yoga sessions (*locally adapted*)
- › One sunrise pilates mat session (*locally adapted*)
- › Two breathing sessions (*locally adapted*)

INFORMATION ABOUT THE PROGRAM

Duration › minimum 7 days, 6 nights

Price › starting from 14,900 CHF*

*The above price includes accomodation in Signature Villa, full anti-inflammatory board, transfer from and to the airport, ongoing medical supervision and program personalization, as well as service charge and VAT.

HEALTH DIAGNOSTICS

SHORT STAY

In today's fast-paced world, **early detection and prevention** have become the most powerful levers for longevity and lasting wellbeing. The Health Diagnostic Assessment is built on a simple principle: **the earlier you understand your body, the more you can shape its future.**

As pioneers in longevity and preventive medicine, Clinique La Prairie has designed this assessment to deliver a **comprehensive, precision-based** reading of your health – not to wait for symptoms, but to anticipate them. In three days, you receive what most people never receive in a lifetime: a clear, scientific picture of where your body stands, where it is heading, and what to do about it.

INFORMATION

Duration > minimum 3 days, 2 nights
Price > starting from 12'900 CHF

MEDICAL

- > Pre-stay call with physician
- > Initial physician consultation
- > Advanced blood count
- > Urine & stool tests
- > Heavy metals, minerals & vitamins screening
- > Continuous glucose monitoring
- > Nutrition assessment with indirect calorimetry

NEUROLOGICAL & COGNITIVE

- > Brain MRI*
- > Neurologist consultation

CARDIOLOGY

- > Electrocardiogram
- > Cardiac stress test
- > HRCT chest scan with calcium score*

IMAGING & ORGAN SCREENING

- > Abdominal ultrasound*
- > Pelvic ultrasound*
- > Thyroid ultrasound*
- > Carotid ultrasound*

BONE & MUSCULOSKELETAL

- > Physiotherapy assessment
- > Comprehensive movement assessment

SPECIALIST CONSULTATIONS

- > Pulmonologist consultation with spirometry
- > Dermatology consultation

DISCOVER LONGEVITY

SHORT STAY

For almost a century, Clinique La Prairie has helped guests live longer, healthier and fuller lives. Today, our pioneering longevity method extends from our historic clinic in Montreux to our Health Resorts – destinations designed for those ready to take their first informed step toward a different relationship with their health.

Discover Longevity is that first step. A short, complete immersion into our philosophy, our diagnostics and our four pillars of care – designed to give you a precise read on where your health stands today, and a clear direction for what comes next.

Every step is guided by your dedicated physician, from your pre-stay call to the final debrief.

INFORMATION

Duration > minimum 3 days, 3 nights
Price > starting from 9'900 CHF

MEDICAL

- > One general health evaluation
- > Blood analysis – laboratory tests

NUTRITION

- > One Nutrition Index Assessment
- > DNA Microbiota test and probiotic cure, discussed during a remote follow-up consultation after the stay
- > One "Unlocking Longevity" consultation to develop a personalized plan based on your lifestyle
- > Daily Longevity Herbal Infusions

WELLBEING

- > One Wellbeing Index Assessment, evaluating physical and mental wellbeing
- > One detoxifying massage
- > One photobiomodulation session
- > One session of HydraFacial or one facial treatment by La Prairie
- > One cryotherapy session
- > One low-frequency vibration therapy session
- > One tailored treatment based on the Wellbeing Index Assessment

MOVEMENT

- > One movement assessment with a personal coach
- > One personal training session
- > One breathing session

*These examinations are carried out based on your age, medical history, and overall health status, and confirmed during your initial consultation. All prices include accommodation in standard category, full anti-inflammatory board, airport transfers, ongoing medical supervision and a personalized program, plus service charge and VAT.



ADDITIONAL LONGEVITY EXPERTISE

AESTHETIC MEDICINE

At Clinique La Prairie, aesthetic medicine is more than a discipline – it is a deeply personalized journey where science, precision, and emotion converge. Rooted in nearly a century of Swiss medical excellence, our approach redefines **beauty as an expression of overall health, vitality, and inner balance.**

Drawing on advanced regenerative science and a holistic understanding of the body, Clinique La Prairie Phuket extends this philosophy within a unique resort environment – **where medical expertise meets a naturally restorative setting.** Here, each intervention is designed not only to enhance appearance, but to support the biological processes that sustain youthful function over time.

Regenerative Medicine Protocols – The Future of Rejuvenation Begins Within. Harnessing the body’s intrinsic capacity for regeneration, our protocols represent a new frontier in aesthetic and longevity medicine. By activating cellular renewal mechanisms and supporting tissue repair, we go beyond correction to address the underlying drivers of aging. This integrative approach allows us to **preserve and enhance** natural features while promoting skin quality, structural integrity, and long-term vitality. More than an aesthetic transformation, it is a strategy for aging well – where beauty evolves in parallel with health.

Within this **refined medical sanctuary**, guided by expert physicians and supported by state-of-the-art technology, aesthetic medicine becomes an extension of longevity itself: precise, preventive, and profoundly personal.



READY TO BEGIN ?
SPEAK WITH YOUR LONGEVITY ADVISOR

Every journey begins with a private consultation.

Your dedicated advisor will recommend the right program, accommodation and dates,
and confirm any clinical considerations before your arrival.

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