

GLOBAL WELLNESS SUMMIT™

AGENDA

THE SCIENCE, ART & SOUL OF WELLNESS

Phuket, Thailand | November 10-13, 2026

2026 AGENDA

All plenary sessions are recorded for delegates. The public can access 50+ keynotes and presentations anytime with Summit on Demand: The Future of Wellness on Replay. Learn more.

PRE-SUMMIT EXPERIENCES

FRIDAY, NOVEMBER 6 – MONDAY, NOVEMBER 9

Immersive Resort Experiences

Restore, recharge, and experience Thailand's legendary wellness hospitality with exclusive stays at some of the country's most celebrated wellness retreats, including Chiva-Som Hua Hin, Kamalaya Koh Samui, Anantara Layan Phuket and Clinique La Prairie.

MONDAY, NOVEMBER 9

All excursions depart from and return to Angsana Laguna Phuket. Book through Summit registration or Summit app by November 2. Must be pre-registered to participate.

8:30 AM – 5:00 PM	**Wellness Business Day Tour** Gain privileged access to some of Thailand's most innovative wellness businesses. Featured experiences include the new Clinique La Prairie Health Resort at Tri Vananda (a multigenerational real estate community), Tri Vananda, JARA Wellness Center at Trisara Resort, Layan LIFE by Anantara, and BDMS Wellness Clinic. Led by **Lisa Starr**, a spa and wellness business consultant, educator, podcaster and journalist.
8:00 AM – 1:00 PM	**Jungle Zipline Experience** Experience the rainforest from above at Hanuman World Phuket. Soar across one of Thailand's premier zipline courses, enjoy panoramic views from the Skywalk, and challenge yourself with an unforgettable adventure that combines movement, nature, and exhilaration.

8:00 AM – 1:00 PM	**Market to Table Cooking Class** Explore Thailand's culinary wellness traditions with a guided market visit followed by a hands-on cooking class at the renowned Blue Elephant Cooking School. Learn to prepare authentic Thai dishes with local ingredients and authentic cooking techniques before enjoying the meal you've created.
8:00 AM – 4:00 PM	**Private Speedboat Tour of Phang Nga Bay** Discover the spectacular beauty of Phang Nga Bay by private speedboat, cruising through one of Thailand's most iconic seascapes of emerald waters and dramatic limestone karsts. Explore hidden lagoons by canoe, visit the famous James Bond Island, experience the floating village of Koh Panyee, and enjoy a relaxing lunch on the private shores of Naka Noi Island before unwinding on its beautiful beaches.
8:30 AM – 1:30 PM	**Elephant Sanctuary Experience** Spend a meaningful day at Phuket Elephant Sanctuary, where rescued elephants roam freely through lush jungle and open fields. Learn about the sanctuary's conservation mission, observe elephants in their natural habitat, participate in a hands-on activity supporting the herd, and enjoy a nourishing vegetarian Thai lunch.
9:00 AM – 2:00 PM	**Old Town Phuket Walking Tour** Immerse yourself in Phuket's rich cultural heritage through historic neighborhoods, a stop to Ban China Inn for desserts and a live Gu-Zheng performance, a visit to the Moh Seng Historical Museum, and hands-on culinary workshops at Ban Khun Chananithet where guests prepare local dishes like Hokkien noodles and Phuket desserts. The experience concludes with a relaxed hillside lunch at Tung Ka Café, overlooking Phuket Town and the Andaman Sea.

PRE-SUMMIT SESSIONS

TUESDAY, NOVEMBER 10, 2026

12:00 – 6:00 PM
Club Lounge

Registration Desk and Check-In Open
Check in for the Global Wellness Summit (GWS) and receive your event agenda, delegate directory and name tag. Collect your number pin (acknowledging the number of Summits you've attended) and your beautiful gift bag.

Ensure you download and install the Summit app to maximize your Summit experience.

1:00 – 1:45 PM
Angsana Ballroom

An Introductory Conversation with Informa Connect

Moderated by:
Nancy Davis, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States

With:
Andrew Mullins, CEO, Informa Connect, United Kingdom
Doreen Brown, CEO, Informa Medical, United States

Join Nancy Davis, Chief Creative Officer & Executive Director of the Global Wellness Summit (GWS) and Global Wellness Institute (GWI) as she moderates a conversation with senior leadership at Informa Connect. Andrew Mullins, CEO of Informa Connect, and Doreen Brown, CEO of Informa Medical, will discuss the exciting future as GWS and GWI become part of the Informa family.

2:00 – 4:45 PM Angsana Ballroom	**KNOWLEDGE WORKSHOPS*** **Introduced by:** **Heidi Moon**, Chief Marketing Officer, Global Wellness Summit and Global Wellness Institute, United States
2:00 – 2:45 PM Angsana Ballroom	**Breath, Biology & the Art of Delivery** **Sponsored by NADclinic** **Moderated by:** **Erin Lee**, Co-Founder & CEO, NADairX Ltd., United Kingdom **Speakers:** **Alexander Audette**, DAc, TCMP, Chief Science Officer, NADclinic, Japan **Iain De Havilland**, Founder & CEO, NADclinic Group, United Kingdom **Panos Papadiamantis**, Co-Founder & CPO, PNOE, United States What if the next breakthrough in longevity is not just what we discover, but how we deliver it? Join NADclinic, PNOĒ and NADairX for an exploration of breath-based metabolic analysis, cellular health and innovative delivery technologies. Discover how personalized insights can translate into more accessible wellness experiences and new business opportunities.
3:00 – 3:45 PM Angsana Ballroom	**The Science of Sleep in Spa: Where Holistic Beauty Meets Science** **Sponsored by L'OCCITANE en Provence** **Marina Glover**, Global Spa Director, L'Occitane SA, Switzerland Discover how the science of sleep is transforming the spa experience. Explore how L'OCCITANE en Provence combines sensory rituals, scientifically validated protocols and innovative treatments, including its Power Nap Massage, to support relaxation, recovery and wellbeing. A fresh perspective on the intersection of beauty, sleep science and spa innovation.

** Knowledge Workshop content is provided by participating sponsors. Views and claims expressed are those of the presenters and are not independently verified or endorsed by the Global Wellness Summit.*

4:00 – 4:45 PM
Angsana Ballroom

Precision & Regenerative Wellness: Japan's Model for Healthspan

Sponsored by Medical Excellence Japan (MEJ)

Moderated by:
Yoriko Soma, President & CEO, Conceptasia Inc., Japan

Opening Remarks:
Hideyuki Muranaka, Director for Policy Planning, Healthcare Industries Division, Commerce and Service Industry Policy Group, Ministry of Economy, Trand and Industry, Japan

Keynote Address:

Yoshiki Sawa, MD, PhD, Professor Emeritus, The University of Osaka; President, Osaka Keisatsu Hospital; Director of the Board and CMSO, Cuorips Inc.; Japan

Kenji Shibuya, MD, PhD, CEO, Medical Excellence JAPAN (MEJ), Japan

Panelists
Tanupol Virunhagarun, MD, Expert Board Member, National Wellness Economy Board of Thailand; Chief Executive Officer, Group 8 (BDMS Wellness Clinic, BDMS Wellness Resort and BDMS Silver), Bangkok Dusit Medical Services Public Company Limited (BDMS), Thailand

Somarch Wongkhomthong, MD, Professor Emeritus, Mahidol University; Former Professor of the University of Tokyo; President & CEO, Siam Health Development Company Limited; Chairman, Program Committee of the "Wellness and Longevity for Entrepreneurs" (WLE) Program; Chairman, Program Committee of the "Wellness and Healthcare Business Opportunity Program for Executives" (WHB); Thailand

Makiko Yamazaki, Vice President, JETRO Bangkok Office, Thailand

5:00 – 5:45 PM
Angsana Ballroom

New Delegate Orientation: Making the Most of Your First Summit

An informal meeting for first-time delegates to learn about the Summit and connect with key leadership and each other.

Hosted by:
Nancy Davis, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States

Participants:
Susie Ellis, Chair & CEO, Global Wellness Summit, United States

Aryn Chapman, Event Director, Global Wellness Summit, United States

Heidi Moon, Chief Marketing Officer, Global Wellness Summit and Global Wellness Institute, United States

Global Wellness Summit Advisory Board:
Amir Alroy, Co-Founder, Welltech Ventures, Israel

Anna Bjurstam, Founder, Wahayla, Sweden

C. Victor Brick, Co-Founder, John W Brick Mental Health Foundation; Co-Founder and CEO, Ohana Growth Partners, LLC; United States

Cathy Feliciano-Chon, Managing Partner, FINN Partners APAC, Greater China, Hong Kong (SAR China)

Nicola Finley, MD, Integrative Medicine & Board-Certified Internal Medicine Physician, University of Miami Osher Center of Integrative Medicine, United States

Irene Forte, Founder & CEO, Irene Forte Skincare, United Kingdom

Maggie Hsu, Partner, Andreessen Horowitz, United States

Ömer K. Isvan, Founder & President, Servotel Corporation, United Kingdom

Continues on next page.

5:00 – 5:45 PM *Continued*	**Global Wellness Summit Advisory Board (Continued)** **Jessica Jesse**, Founder, CEO & Creative Director, BUDHAGIRL®; Founder, Zen Collective; United States **Hannah Messerli, PhD**, Economic Development Specialist, World Bank (retired), United States **Yoriko Soma**, President & CEO, Conceptasia Inc., Japan **Emeritus GWS Advisory Board Member** **Prof. Mary Tabacchi, PhD, RD**, Professor Emerita, Cornell University School of Hotel Administration, United States
6:00 – 6:45 PM Azzura Rooftop	**Angsana Laguna Private VIP Cocktail Reception for Sponsors, GWI Ambassadors, Susie Ellis Scholarship Recipients, Strategic Partners, Geography of Wellness Country Partners and Media** **Hosted by the GWS and GWI Advisory Boards**
7:00 – 9:00 PM Poolside Garden	**Opening Reception** *Welcome to Phuket!* Enjoy a festive evening of connection and conversation, with passed hors d'oeuvres, a delicious buffet, comfortable seating and high-top tables for mingling. Dress: Business casual.

9:15 – 10:00 PM	AFTER DINNER CONVERSATIONS
9:15 – 10:00 PM Anchan & Orchid	**Public/Private Partnerships: Impact on Wellness** **Hosted by:** **Aradhana Khowala**, CEO, Aptamind Partners, United Kingdom **Special Guests:** **Ramona Chiriac**, Vice President, Global Impact, Therme Group, Romania **Tonia Callendar**, Research Fellow, Global Wellness Institute, United States **Jane Kitchen**, Media & Trends Analyst, Global Wellness Summit; Director, Geography of Wellness and Ambassador Programs, Global Wellness Institute; United Kingdom
9:15 – 10:00 PM Angsana Ballroom	**Understanding Longevity and Geroscience...Get Your Questions Answered** **Hosted by:** **Susie Ellis**, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States **Special Guest:** **Andrea Maier, MD, PhD**, Director, NUS Academy for Healthy Longevity; Co-Founder, Chi Longevity; Singapore
9:15 – 10:00 PM Tabak & Phak Tob	**Trends in Wellness** **Hosted by:** **Lisa Starr**, Principal, Wynne Business, United States **Special Guests:** **Cathy Feliciano-Chon**, Managing Partner, FINN Partners APAC, Greater China, Hong Kong (SAR China) **Beth McGroarty**, Vice President for Research & Forecasting, Global Wellness Summit, United States

DAY 1

WEDNESDAY, NOVEMBER 11, 2026

MORNING WELLNESS ACTIVITIES

5:30 - 7:30 AM	**Technogym Open Gym** Train at your own pace with Technogym Master Trainers on hand to provide guidance, support and workout tips. Location: Angsana Fitness Center

THE 20TH ANNUAL GWS PLENARY SESSIONS BEGIN

All sessions in ACES unless otherwise noted.

6:30 - 8:00 AM	**Security Protocol and Entry to Plenary Open** Special protocols in place for the opening session. ***No entry to the plenary allowed between 8:00 - 9:45 AM.***
8:30 – 9:30 AM	**Royal Opening of the 20th Global Wellness Summit** **Her Majesty Queen Suthida Bajrasudhabimalalakshana**, Queen of Thailand **Introduced by:** **Jiří Dvořák, MD, PhD**, 2026 GWS Co-Chair; Professor of Neurology, Schulthess Clinic Zurich & BDMS Wellness Clinic; Former Chief Medical Officer, FIFA; Switzerland
9:32 – 9:42 AM	**Welcome to the Science, Art & Soul of Wellness** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States
9:44 – 9:59 AM	**20 Years, What We've Accomplished, What Lies Ahead** **Susie Ellis**, Founder, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States

10:01 – 10:11 AM	**Thailand's Wellness Future: Ancient Wisdom, Modern Medicine** **Pongsadhorn Pokpermdee, MD, PhD**, Director General, Department of Thai Traditional and Alternative Medicine, Ministry of Public Health; Vice Chair, WHO Executive Board; Thailand
10:13 – 10:38 AM	**The 2026 Global Wellness Economy Monitor** **Katherine Johnston**, Senior Research Fellow, Global Wellness Institute, United States
10:40 – 11:10 AM Hospitality Lounge	**Networking Energy Break + Innovation Lab**
11:12 – 11:32 AM	**A Family's Legacy of Care: Trisara, Tri Vananda & More** **Moderated by:** **Amy McDonald**, Founder & CEO, Under a Tree, United States **Participants** *Father:* **Narong Pattamasaevi**, Founder & Chairman, Montara Hospitality Group, Thailand *Mother:* **Poonsri Pichayaphanich**, Vice Chair, Niyom Pattamasaevi Foundation, Thailand *Son:* **Kittisak Pattamasaevi**, President & CEO, Montara Hospitality Group, Thailand
11:34 – 11:54 AM	**Authentic Expansion: Bringing Clinique La Prairie to Phuket** **Simone Gibertoni**, CEO, Clinique La Prairie, Switzerland
11:56 AM – 12:16 PM	**Live Long & Prosper: Sorting Fact from Fantasy in Human Longevity** **Kenneth R. Pelletier, MD, PhD**, Clinical Professor of Medicine, Family and Community Medicine, and Psychiatry, University of California, San Francisco (UCSF); Chairman, American Health Association; United States

12:18 – 12:38 PM	**Health Optimization: Integrating Consumer-Led Health and Precision Geromedicine** **Andrea Maier, MD, PhD**, Director, NUS Academy for Healthy Longevity; Co-Founder, Chi Longevity, Singapore
12:40 – 12:50 PM	**The Bennett Family Award for Collaboration in the Science of Wellness** **Presented by:** **Bija Bennett**, CEO, BijaB, United States
12:52 – 1:02 PM	**An Insurance Giant Bets on Wellness** **John Schoonbee, MD**, Global Chief Medical Officer, Swiss RE, Switzerland
1:04 – 1:14 PM	**Changing the Game and Redefining Health** **John Schoonbee, MD**, Global Chief Medical Officer, Swiss RE, Switzerland **In Conversation with:** **Jiří Dvořák, MD, PhD**, 2026 GWS Co-Chair; Professor of Neurology, Schulthess Clinic Zurich & BDMS Wellness Clinic; Former Chief Medical Officer, FIFA; Switzerland
1:15 – 1:35 PM	**In Pursuit of Wellness: Series Four** **Annavittoria Leteo Cameli**, Global Series Lead, BBC StoryWorks, United Kingdom
THREE CONCURRENT OPTIONS	
1:35 – 3:05 PM ACES Prefunction & Hospitality Lounge	**Innovation Lab Open**
1:35 – 3:05 PM ACES	**Press Conference for Media Only**

1:35 – 3:05 PM

Market Place, Angsana Ballroom, Anchan+Orchid, Tabak+Phak Tob, Bodega Grill

Table Topic Networking Lunch

Arts, Culture & Sensory Experiences

1. How Music Enhances Wellbeing & Inspires Transformation
Freddie Moross, Founder & CEO, Myndstream, United Kingdom

2. Mindful Glamour: Bringing Wellness into Everyday Life
Jessica Jesse, Founder, CEO & Creative Director, BuDhaGirl®; Founder, Zen Collective; United States

3. Rhythmic Audio & the Science of Preparation & Recovery
Chris Kelly, Executive Director, 7.8, Indonesia

4. The Power of Art for Wellbeing
Tal Danai, Founder & Creative Director, Artlink, United Kingdom

5. Turning Climate Challenges & Waste into Art
Ronald Akili, Co-Founder, Desa Potato Head, Indonesia

6. Where Fashion, Art & Wellness Meet
Lisa Von Tang, Founder & Creative Director, Lisa Von Tang, Singapore

Brands, Innovation & Growth Strategy

7. Beyond the Buzzwords: Finding Real Innovation
Daniel Poulin, Senior Director of Wellness Operations, Accor, France

8. Decoding Wellness Markets in Thailand, China & Vietnam
Namporn Kietthanakorn, Executive Director, IplusQ, Thailand

9. Let's Talk About Retail Success
Anne-Cannelle Boyer, Vice President, Jumeirah Group, United Arab Emirates

1:35 – 3:05 PM
Continued

10. L'Occitane en Provence: Marketing Campaigns That Worked
Marina Glover, Global Spa Director, L'Occitane SA, Switzerland

11. The Consumer Shifts Wellness Leaders Should Anticipate
Nick Vaus, Founder, Free The Birds, United Kingdom

12. The Most Successful Marketing & Branding Strategies I Know
Table Topic Host to be posted soon.

13. The Three Biggest Fitness Trends
Alberta Galli, Wellness Experience & Solution - Hospitality, Technogym, Italy

14. Urban Markets and the Future: What Do Guests Really Want?
Teresa Kim, General Manager, Bangkok Life, Minor Hotels, Thailand

Hospitality Strategy & Guest Experience

15. Chiva-Som: Lessons from the Past, Vision for the Future
Krip Rojanastien, Chairman & CEO, Chiva-Som International Health Resorts, Thailand

16. How Hyatt Is Rethinking Wellness & Wellbeing
Patrick Huey, Director Global Wellbeing, Hyatt Hotels, United States

17. Inside Montara Hospitality's Portfolio & What's Next
Kittisak "Kitt" Pattamasaevi, Chief Executive Officer, Montara Hospitality Group, Thailand

18. Negotiating Better Hotel Management Agreements
Omar Romero, Chief Development & Luxury Officer, Minor Hotels, Thailand

19. The Future of Hospitality Membership
Stephen Beaumont, President-Hospitality, Kohler Co., United States

1:35 – 3:05 PM
Continued

20. What Sets Capella's Lifestyle Strategy Apart?
Lexie Rodriguez, VP of Lifestyle, Capella Hotel Group, Singapore

21. What Transformation Means to Ultra-High-Net-Worth Guests
JoAnn Kurtz-Ahlers, President & Owner, Hidden Doorways, United States

Hydrothermal & Contrast Therapy

22. Contrast Therapy: What Does the Research Show?
Susanna Søberg, PhD, Founder, Søberg Institute; Founder, Thermalist®, Denmark

23. The Future of Thermal Wellness
Craig Mitchell, Joint Managing Director, Waiwera Thermal Springs, Australia

24. What's Next in Thermal Springs & Bathhouses?
Karen Golden, CEO & Founder, Dwell Concepts & Australasian Wellness Institute, Australia

Investment & Strategic Partnerships

25. Bridging Science, Spirit & Profit
Anna Bjurstam, Founder, Wahayla, Sweden

26. Growing with Informa: A Global Perspective
Andrew Mullins, CEO, Informa Connect, United Kingdom

27. Investing Where Wellness Is Headed Next
Amir Alroy, Co-Founder, Welltech Ventures, Israel

28. Three Ways to Create Lasting Transformation in Wellness
Kathryn Moore, Founder & Managing Director, Spa Connectors & co-op, United Arab Emirates

Leadership & Workplace

29. Hiring & Retaining Exceptional Teams
Bernhard Bohnenberger, Co-Founder and CEO, Discover Collection, Thailand

1:35 – 3:05 PM
Continued

30. Leadership Lessons from the World Economic Forum
Eva McLellan, Global Healthcare Executive; Co-Founder, Unlocking Eve; Switzerland

31. Making Workplace Wellbeing Work
Diego Carrete, Chief Wellness Officer, First Abu Dhabi Bank, United Arab Emirates

Longevity & Healthy Aging

32. A Survivor's View of Longevity and Aesthetics
Nikki Miller, Director, Kohler Waters Spas, United States

33. Aging Well: The Latest from the GWI Initiative
William Myers, AVP Wellness Strategy, Mather, United States

34. How Can Society Combat Ageism?
Professor Mary Tabacchi, PhD, RD, Professor Emerita, Cornell University School of Hotel Administration, United States

35. The Future of Blue Zones: Scaling Longevity Through Business & Partnerships
Dan Buettner, Founder, Blue Zones, United States

36. The Lanserhof Approach to Longevity Medicine
Elke Benedetto-Reisch, MD, Medical Director Lanserhof Group, Lanserhof, Germany

37. What Japan Can Teach About Longevity
Yoriko Soma, President & CEO, Conceptasia Inc., Japan

38. What's Missing from the Longevity Conversation?
Kenneth R. Pelletier, MD, PhD, Clinical Professor of Medicine, Family and Community Medicine, and Psychiatry, University of California, San Francisco (UCSF); Chairman, American Health Association, University of California, San Francisco and American Health Association, United States

1:35 – 3:05 PM
Continued

Longevity Science & Prevention

39. Cell Therapy: Separating Science from Hype
Lilly Marie Blecher, ND, DOM, Medical Director, Soma Health, Thailand

40. From Clinical Science to Investment in Precision Medicine
Christopher Juel-Jensen, MD, Chief Operating Officer, Triple Helix Science, United Kingdom

41. Geroscience: Understanding the Biology of Aging
Andrea Maier, MD, PhD, Director NUS Academy for Healthy Longevity; Co-Founder Chi Longevity, Chi Longevity Clinics; Singapore

42. How Medicine and Wellness Work Best Together
Tanupol Virunhagarun, MD, Chief Executive Officer, Group 8 (BDMS Wellness Clinic, BDMS Wellness Resort and BDMS Silver), Bangkok Dusit Medical Services Public Company Limited (BDMS), Thailand

43. Longevity Medicine: Lessons from Beverly Hills
Christopher Asandra, MD, Founder & Chief Medical Officer, AsandraMD, United States

44. Medical Devices Meet Wellness and Longevity
Soonthree Chanlongbutra, CEO, Techno Medical, Thailand

45. NAD: How to Address the Skeptics
Iain DeHavilland, CEO & Founder, NAD Clinic, United Kingdom

46. Scientific Wellness: The BDMS Clinics Approach
Jiří Dvořák, MD, PhD, 2026 GWS Co-Chair; Professor of Neurology, Schulthess Clinic Zurich & BDMS Wellness Clinic; Former Chief Medical Officer, FIFA, Switzerland

47. Where Are We on Age Reversal?
Michael Roizen, MD, Chief Visionary & Board Member, 4YOUngGevity.com & Preserve.life; First Chief Wellness Officer, Cleveland Clinic; United States

1:35 – 3:05 PM
Continued

Mind, Neuroscience & Spirituality

48. Buddhist Wisdom for a Balanced and Meaningful Life
Ajahn Jayasāro, Buddhist Monk & Spiritual Teacher, Thailand

49. From TED to The Great Remembering: Reconnecting Humanity
June Cohen, Author, Media & Technology Pioneer, United States

50. Nervous System Regulation in Transformational Retreats
Diana Stobo, Founder & CEO, The Retreat Costa Rica, Costa Rica

51. Restorative Design: Architecture, Nature, Art and Stillness
Huy Hoang, Founder, Shishi-Iwa House, Japan

52. The Neuroscience of Reducing Overstimulation
Ari Peralta, Director, Arigami, United States

53. Yoga Therapy: Emerging Science, Growing Impact
Bija Bennett, President, BijaB, United States

Public Health, Policy & Access

54. Advancing Lifestyle Medicine in South Africa
Tumi Moshoeshoe, MD, Specialist Physician in Internal Medicine, TLC Lifestyle Medicine, South Africa

55. Advancing Wellness Through Global Health Equity
Richard Carmona, MD, Chief of Health Innovations, Canyon Ranch, United States

56. Does Every City Need a Wellness Officer?
Mia Kyricos, Founder & Chief Wellness Officer, Kyricos & Associates LLC, United States

57. Thailand's Vision for the Future of Public Health
Pattana Promphat, Minister of Public Health, Ministry of Public Health, Thailand

1:35 – 3:05 PM
Continued

58. The WHO & Indigenous Wellness
Maaya Kita, Technical Officer, World Health Organization, Switzerland

Spa & Wellness Development and Operations

59. Beyond the Treatment Table: Designing the Next Spa Experience
James Chenevey, CEO, Living Earth Crafts, United States

60. Three Principles Behind Award-Winning Spas
Jeanine Allpress-Cliffe, President & Managing Director, TLEE Spas + Wellness, United States

Sustainability, Nature & Food Systems

61. Can Sustainability & Longevity Align?
Davide Bollati, Chairman, Davines Group, Italy

62. Designing Developments for Human Wellbeing & Sustainability
Table Topic Host to be posted soon.

63. Microplastics: What We Know Now
Gerry Bodeker, PhD, Member at Green Templeton College, University of Oxford, United Kingdom & Malaysia

Technology & Innovation

64. Advancing Thailand's Science & Technology Partnerships
Sirinan Kulchat, Deputy Director of Strategic International Collaboration and Research Impact Office, Thailand Science Research and Innovation, Thailand

65. AI in the Guest Experience: Promise & Pitfalls
Frank Pitsikalis, SVP, Product Strategy & CMO, Agilysys, Canada

66. Predictive Analytics for the Wellness Business
Thierry Malleret, Co-Founder & Managing Partner, Monthly Barometer, France

1:35 – 3:05 PM
Continued

67. What's Next in Beauty Tech?
Sladan Mujdzic, General Manager, FOREO (THAILAND) CO., LTD., Thailand

Wellness Real Estate, Investment & Design

68. Building Wellness Cities: A New Paradigm for Urban Development
David Delrahim, Founder & CEO, COCUN, United States

69. Building Wellness into Real Estate from Day One
Proudputh Liptapanlop, Executive Director, Proud Real Estate, Thailand

70. Can Buildings Eliminate Plastics and Toxins?
Table Topic Host to be posted soon.

71. Designing Healthier Cities: What Will It Take?
Lisa Finlay, Partner & Group Lead, Heatherwick Studio, United Kingdom

72. Investing in Lifestyle & Wellness Destinations
Colin Low, CEO, Patience Lifestyle, Singapore

73. Radical Architecture Designed Around Human Wellbeing
Thomas Heatherwick, Founder and Design Director, Heatherwick Studios, United Kingdom

74. Real Estate Opportunities: Hospitality, Amenities & Water Parks
Charles Heath, Managing Partner, AMEYALLI LLC, United States

75. Surprising New Findings in Wellness Real Estate
Mary Leary, CEO & President, Mather, United States

76. The Global Future of Wellness Real Estate
Jonathan Emery, CEO, Aldar Development, United Arab Emirates

77. Wellness Living at Sea: The Next Frontier?
Table Topic Host to be posted soon.

1:35 – 3:05 PM *Continued*	*78. What Branded Residence Buyers Really Want* **Lindsey Jasso**, Sr. Director Global Residential Operations, Marriott, United States **Wellness Travel & Retreats** *79. Global Trends in Wellness Hospitality* **Stefano Cattaneo**, Myrtha Wellness Global Director, Myrtha Wellness, Italy *80. Pilgrimages and Retreats: Pathways to Wellness and Wisdom* **Shunya**, Co-Founder, Tianren Culture, Hong Kong (SAR China) *81. Thai Heritage Experiences Guests Love* **Florence Jaffre**, Corporate Director of Wellness, Dusit International, Thailand *82. Why Detox Remains Central to the Chenot Approach* **George Gaitanos, PhD**, Chief Operating Officer & Scientific Officer, Chenot, Switzerland
3:07 – 3:27 PM	**Blu Zones: I Built It, Sold It, and Bought It Back… What's Next?** **Dan Buettner**, Founder, Blue Zones, United States
3:29 – 3:49 PM	**Reframing Longevity: A Dynamic State of Everyday Health** **George Gaitanos, PhD**, Chief Operating and Scientific Officer, Chenot, Switzerland
3:51 – 4:11 PM	**The Architecture of Indifference: What Boring Buildings Are Doing to Us** **Thomas Heatherwick**, Founder & Design Director, Heatherwick Studio, United Kingdom
4:13 – 4:33 PM	**Selling the Glow: 20 Years of Advertising Wellness** **Dave McCaughan**, Founder, BIBLIOSEXUAL, Thailand

4:35 – 4:55 PM	**20 Years of Beauty & Wellness ... and the Next 20!** **Kelly Kovack**, Founder & CEO, BeautyMatter, United States **Nick Vaus**, Founder, Free The Birds, United Kingdom
4:57 – 5:27 PM Hospitality Lounge	**Networking Energy Break + Innovation Lab**
5:29 – 5:44 PM	**The Susie Ellis Scholarship for Equity in Wellness: Welcome the 2026 Recipients** **Presented by:** **Susie Ellis**, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States **C. Victor Brick**, Co-Founder, John W Brick Mental Health Foundation; Co-Founder and CEO, Ohana Growth Partners, LLC; United States **Lynne G. Brick**, Co-Founder, John W Brick Mental Health Foundation; Co-Founder, Ohana Growth Partners, LLC; United States **Katrine Formby**, Founding Donor, Vice President, Sable Investments, United States **Christie Lockhart**, Executive Coordinator, Global Wellness Summit and Global Wellness Institute, United States **Hannah Messerli, PhD,** Economic Development Specialist, World Bank (retired), United States **2026 Scholarship Recipients:** **Krystina Maciuszko**, Whole Health Coach and Program Coordinator, US Department of Veterans Affairs, United States **Tumi Moshoeshoe-Mthombeni, MD**, Specialist Physician, Internal Medicine, U Reap Health, South Africa **Lily Sim**, Founder, Strive App, Malaysia
5:46 – 5:56 PM	**A Musical Note & Special Presentation** **Freddie Moross**, Founder & CEO, Myndstream, United Kingdom *All delegates who are in the plenary for this session will receive a special gift.*

5:57 – 6:00 PM	**What a Day!** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States
6:00 – 7:00 PM Loy Krathong Bar	**Happiness Hour** **Sponsored by Kohler** Raise a glass to an inspiring first day as we celebrate fresh perspectives, groundbreaking ideas, and the Science, Art & Soul of Wellness while connecting with fellow delegates before dinner.
7:00 – 9:30 PM Poolside Garden	**A Taste of Thailand!** Celebrate the flavors and spirit of Thailand at an enchanting open-air dinner under the stars. Explore vibrant culinary stations featuring authentic Thai specialties, enjoy refreshing drinks and lively conversation, and connect with fellow delegates in a relaxed, festive atmosphere. A delicious and memorable evening of Thai hospitality!

DAY TWO

THURSDAY, NOVEMBER 12, 2026

MORNING WELLNESS ACTIVITIES

6:30 – 7:15 AM	**TECHNOGYM Hybrid Hive: Energy, Movement & Motivation** Kick-start your morning with a dynamic 45-minute workout combining functional movement, expert coaching and Technogym equipment. Designed to energize the body, sharpen focus and boost motivation, this engaging session brings participants together for an uplifting fitness experience suitable for a range of abilities.
6:30 – 7:15 AM	**BuDhaGirl Wellness Collective: A Morning Sound Ritual** Begin the day with an intentional pause. Led by **Lauren Cureton** of the BuDhaGirl Wellness Collective, this restorative experience combines gentle grounding, conscious breathing and intention setting with an immersive crystal singing bowl sound bath, inviting clarity, connection and a deeper sense of presence.
6:30 – 7:15AM	**WALKSHOP: The Power of Walking** Turn movement into meaningful conversation with **Thierry** and **Mary Anne Malleret**. Inspired by their bestselling book, *Ten Good Reasons to Go for a Walk*, this interactive walking session explores the science of walking and its powerful benefits for health, creativity, cognition and human connection.
6:30 – 7:15 AM	**SANCTUM Signature Sequence: You Are Not Alone** Explore the power of human connection through Sanctum's signature blend of movement, breathwork, music and collective energy. Led by founder **Luuk Melisse**, this immersive experience challenges the illusion of separation, inviting participants to discover the profound connection between self and community.

6:30 – 7:15 AM	**MUAY THAI: Energy, Strength & Balance** Discover Thailand's iconic martial art in this energizing session presented by Angsana Laguna Phuket. Combining traditional Muay Thai techniques, functional movement and mindful breathing, this accessible 45-minute experience builds strength, coordination and confidence while offering an authentic connection to Thai culture.

DAY TWO PLENARY SESSIONS BEGIN
All sessions in ACES unless otherwise noted.

8:30 – 8:50 AM	**The Sound of Stillness: A Buddhist Opening Experience** **Dhammajarinee Witthaya School Buddhist Chanting Team**, Thailand **Introduced by:** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States
8:52 – 9:02 AM	**The Architecture of Intention** **Jessica Jesse**, Founder, CEO & Creative Director, BuDhaGirl®; Founder, Zen Collective; United States
9:04 – 9:24 AM	**The Inner World: The Spirit of Wellness** **Shunya**, Co-Founder, Tianren Culture, Hong Kong (SAR China)
9:26 – 9:46 AM	**Beyond the Hype: Rethinking Longevity and the Business of Wellness** **Anna Bjurstam**, Founder, Wahayla, Sweden
9:48 – 10:08 AM	**The Anti-Resort: Can Hospitality Have a Point of View?** **Hosted by:** **Anna Bjurstam**, Founder, Wahayla, Sweden **Participants:** **Ronald Akili**, Co-Founder, Desa Potato Head, Indonesia **Huy Hoang**, Founder, Shishi-Iwa House, Japan

10:10 – 10:35 AM	**The Transformation Economy & Its Impact on the Wellness Economy** **Video conversation featuring:** **B. Joseph Pine II**, Bestselling Author, Speaker & Management Advisor; Co-Founder, Strategic Horizons; United States **In conversation with:** **Susie Ellis**, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States
10:37 – 11:07 AM Hospitality Lounge	**Networking Energy Break + Innovation Lab**
11:09 – 11:29 AM	**The Great Remembering: How Powerful Ancient Practices Are Reinventing Modern Wellness** **June Cohen**, Author, Media and Technology Pioneer, United States
11:31 – 11:56 AM	**Selling Forever: Longevity, Capital and the Wellness Reckoning** **Moderated by:** **Ingo Schweder**, Founder & CEO, GOCO Hospitality, Thailand **Participants:** **Professor Gerry Bodeker**, Member at Green Templeton College, University of Oxford, UK and Malaysia **Rakesh Patel**, CEO & Founder, Alta Capital Real Estate, Hong Kong (SAR China)
11:58 AM – 12:13 PM	**Banking on Wellness** **Diego Carrete**, Chief Wellness Officer, First Abu Dhabi Bank, United Arab Emirates
12:15 – 12:30 PM	**From Hire to Retire: Longevity in a Working Life** **Denise Bober**, Senior Vice President of Human Resources, The Breakers Palm Beach, United States

12:32 – 12:38 PM	**Time Capsule Moment** **Predictions Made in 2016 at the 10th Anniversary Global Wellness Summit** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States
12:40 – 12:50 PM	**Debra Simon Award for Furthering Mental Wellness** **Presented by:** **Lauren Wright**, President, Debra Simon Family Foundation, United States
12:52 – 12:57 PM	**A Moment of Gratitude: Our Sponsors & Geography of Wellness Partners** **Michelle Gamble**, Senior Vice President for Global Business Development, Global Wellness Summit, United States **Jane Kitchen**, Media & Trends Analyst, Global Wellness Summit; Director, Geography of Wellness and Ambassador Programs, Global Wellness Institute; United Kingdom **2026 SPONSORS** **Host Sponsors** Amazing Thailand, The Tourism Authority of Thailand Ministry of Public Health, Department of Thai Traditional and Alternative Medicine Thailand Convention & Exhibition Bureau **Strategic Partners** Aldar Amway Anantara LIFE (Minor Hotels) Sable Investments **Host Hotel Sponsor** Banyan Group *Sponsors continue on next page.*

12:52 – 12:57 PM

Continued

2026 SPONSORS (CONTINUED)

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Rancho La Puerta
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Six Senses Resorts + Spas
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Universal Companies

THREE CONCURRENT LUNCH OPTIONS

12:59 – 2:29 PM
ACES Prefunction & Hospitality Lounge

Innovation Lab Open

12:59 – 2:29 PM
Bodega Grill

This is an invitation-only lunch for Ambassadors of the nonprofit GWI. Visit the registration desk to become an Ambassador, or email Jane Kitchen.

VIP Lunch for GWI Ambassadors Only

The Global Macro Outlook—How Will It Affect Wellness & the Wellness Economy?

Hosted by:

Thierry Malleret, Co-Founder and Managing Partner, Monthly Barometer, France

12:59 – 2:29 PM
Market Place, Angsana Ballroom, Anchan+Orchid, Tabak+Phak Tob, Bodega Grill

Table Topic Networking Lunch

Arts, Culture & Sensory Experiences

1. Bringing Korean Heritage Wellness to Global Audiences
Minji Kim, Founder & CEO, Mind Design, Republic of Korea

2. Embedding Arts and Culture in Destination Development
Dalya Islam, Director Arts & Culture, Red Sea Global, Saudi Arabia

3. Let's Talk About Art
Babette Dvorak, Adviser, Schulthess Clinic, Switzerland

4. Music as Therapy
Julie "DJ Hesta Prynn" Slavin, Founder and Licensed Therapist, Music Connection Therapy, United States

5. The Art of Awe: Nature, Film and Human Connection
Louie Schwartzberg, CEO & Founder, Moving Art, United States

6. The Science of Scent and Wellbeing
Sharon K Christie, Founder, Aromafloria, United States

Brands, Innovation & Growth Strategy

7. Branding Across Asia: What Changes from Market to Market?
Dave McCaughan, Founder, BIBLIOSEXUAL, Thailand

8. Thailand's Healthcare Clinic Evolution: 2010 to Today
Rapee Lertpongpiroon, Founder, HUGSA Venture Co. Ltd., Thailand

9. The Future of Beauty & Personal Care in Latin America
Liliane Lima, Marketing and Innovation Director - Personal Care and Beauty, Natura Cosmetics, Brazil

12:59 – 2:29 PM
Continued

10. Turning Brand Vision into Revenue
Jennifer Ploszaj, Strategic Advisor, Hospitality Partnerships, VELUM, United States

11. Understanding Africa's Evolving Travel Market
Sarina Carrasco, Managing Director, Voyager Global Solutions Limited, Uganda

12. What I Learned About Branding at evianSPA
Patrick Saussay, Founder & CEO - evianSPA International Development, GPSA - EVIANSPA, France

13. What's Next in Beauty? Trends Beyond the Radar
Kelly Kovack, Founder & CEO, Beauty Matter, United States

Hospitality Strategy & Guest Experience

14. Beyond the Treatment Room: Building a More Profitable Spa Business
Tristan Lagarde, General Manager, Phytomer, France

15. Bringing Together Medical Wellness & Longevity in a Hotel Setting: Addressing the Challenges
Aditya Saluja, Commercial Director – Spa & Wellness, Minor Hotels, Thailand

16. Can Hotels Inspire Lasting Behavior Change?
Andrea Lomas-Gong, Vice President of Spa & Wellness Operations, Mandarin Oriental Hotel Group Ltd., Hong Kong (SAR China)

17. Sports and Hospitality: The Next Big Opportunity
Patricia Ladis, PT, CBBA, Holistic Physical Therapist, Behavioral Breathing Analyst & Biomechanical Analyst; Founder & CEO, WiseBody PT; United States

18. The Four Seasons Vision for Wellness
Michael Newcombe, Vice President - Wellness, Four Seasons, United States

19. What's Next for Wellness at Kamalaya?
Gopal Kumar, General Manager & Group Director of Wellness Development, Kamalaya Koh Samui, Thailand

12:59 – 2:29 PM
Continued

Hydrothermal & Contrast Therapy

20. Bathhouse Trends & Mistakes to Avoid
Don Genders, CEO, Design for Leisure, United States

21. Cryotherapy: What's New?
Rainer Bolsinger, CEO, RAI-Consulting, Germany

Investment & Strategic Partnerships

22. Finding the Right Wellness Consultants: Building Win-Win Partnerships
Lisa Starr, Principal, Wynne Business, United States

23. Fresh Thinking in Wellness, Recovery and Longevity
Robert Jeffers, Global Director, Wellness & Longevity, Kerzner International, United Arab Emirates

24. How Sanctum Built a Global Movement & Scalable Wellness Brand
Gab Olszewski, Co-Founder & CEO, Sanctum, Netherlands

25. Where Is Global Wellness Growth Headed Next?
Sammy Gharieni, Founder & CEO, Gharieni Group, Germany

Leadership & Workplace

26. Four Keys to Successful Leadership
Neil Jacobs, Founder, Wild Origins LLC, Singapore

27. Proving the ROI of Workplace Wellbeing
Denise Bober, SVP & Chief Human Resources Officer, The Breakers Palm Beach, United States

Longevity & Healthy Aging

28. Longevity Viewed Differently Around the World
Table Topic Host to be posted soon.

29. Selling Immortality: The Nonsense of Longevity
Aradhana Khowala, PhD, CEO, Aptamind Partners, United Kingdom

30. Wellness Living for Older Adults Worldwide
Meredith Boyle, SVP Strategic Initiatives, Mather, United States

12:59 – 2:29 PM
Continued

Longevity Science & Prevention

31. Exosomes & the New Aesthetic Frontier
Pinyapat Chaipurihiran, MD, Founder, CEO & Medical Director, Mousai Wellness Center (Grand Wellness Medical Services Co., Ltd.), Thailand

32. Hearing Health, Social Connection & Healthy Aging
Kaja Kowalczyk, Hearing Health Project Manager, GN Group, Denmark

33. Integrating Hospitals & Wellness: An Evolving Model
Bhana Chandrakamol, CEO, Piyavate Hospital, TRIA Medical Wellness Center, Thailand

34. Metabolic Health & the Future of GLP-1s in Asia
Manthanas Peerapatchai, MD, Founder & Medical Director, KMB Hospital, Thailand

35. Precision Health and Longevity Science: Turning Innovation into Personalized Care
Kiettipoom Saithai, Assistant Director of Prevention & Wellness Clinic, BDMS Wellness Clinic, Thailand

36. Thai Herbs: From Traditional Wisdom to Modern Research
Sutsawat Duangsrisai, Deputy Director Strategic International Collaboration and Research Impact Office, Thailand Science Research and Innovation, Thailand

37. The Future: Longevity & Sports
Abdoulaye Fadiga, President & Founder, Champion Spirit International, Bahamas

38. The Future of Longevity, Precision and Preventive Medicine
Pattaralada Rittwong, Senior Vice President Longevity & Medicine, CEO Montage Longevity Clinic, Country Group Holdings PCL, Thailand

39. The Future of Precision Oncology and Gene Therapy
Patrick Sewell, Founder, CEO & CSO, Triple Helix Science, United States

12:59 – 2:29 PM
Continued

40. The Promise of Precision & Personalized Medicine
Phraew Sakon, CEO, Nobel Longevity International Co., Ltd., Thailand

41. Why a Warm Welcome Matters in Cancer Care
Sue Harmsworth, Founder, The Standards Authority for Touch in Cancer Care, United Kingdom

Mind, Neuroscience & Spirituality

42. Beyond Diagnosis: Autoimmunity, Resilience & Empowerment
Table Topic Host will be posted soon.

43. Can Meditation Scale Beyond the Retreat?
Michelle Floh, Founder, Castlefield Consulting LLC, United States

44. From Optimizing Ourselves to Thriving as Human Beings
Renee Moorefield, PhD, Founder & CEO, Wisdom Works Group, United States

45. Neurowellness and Psychological Safety in Design
Ana Ramirez, Principal & Founder, KALĀ Design Group, United States

46. Spirituality as Preventive Medicine
Nicola Finley, MD, Physician, Center Director, University of Miami Osher Center for Integrative Medicine, United States

47. The Next Frontier in Neuroscience and Wellness
Deron Triff, Founder, Project VELUM, United States

Public Health, Policy & Access

48. Can Insurance Shift from Treatment to Prevention?
John Schoonbee, MD, Global Chief Medical Officer, Swissre, Switzerland

49. How Public Policy Can Shape a Healthier World
Ramona Chiriac, Vice President, Therme Group, Romania

12:59 – 2:29 PM
Continued

50. Integrating Traditional Medicine into National Public Health Policy
Table Topic Host will be posted soon.

51. Making Global Wellness Day Matter
Belgin Aksoy, Creative Director, Richmond Nua Wellness and Spa, Türkiye

52. Navigating Public–Private Partnerships in Wellness
AJ Kim, Founder & Director, Mind Design, Republic of Korea

53. Wellness for Children: What's Next?
Christine Clinton, Founder & CEO, Wellness for Life, United States

54. What's Next for Men's Wellbeing?
John Toomey, CEO, Speaker & Author, The Wellbeing Thought Leaders, Australia

Spa & Wellness Development and Operations

55. Designing Transformation: Common Mistakes to Avoid
Alina M Hernandez, Founder, Wellness Innovation Hub, Germany

56. The Next Era of Technology in Spa Operations
Jennifer Holzworth, Sr. Corporate Director, Spa, Montage International, United States

57. The State of Spa and Wellness Development in the Middle East
Christian Kiefer, CEO & Founder, Spa Wellness Project Management, United Arab Emirates

Sustainability, Nature & Food Systems

58. Changing Food Systems for Health, Climate and Animal Welfare
Shunya, Co-Founder, Tianren Culture, Hong Kong (SAR China)

59. Environmental Integrity: Lessons Across Countries
Rod Derifield, CEO & President, Living Earth Crafts, United States

12:59 – 2:29 PM
Continued

Technology & Innovation

60. Can Technology Drive Lasting Behavior Change?
Vincent Salvo, CxO, Inhale H2 | Vital Growth Management, United States

61. Innovations in Hearing Technology & Human Wellbeing
Jill Mecklenburger, Principal Audiologist, GN Hearing, United States

62. Thailand's Leadership in Science and Innovation
Sompong Klaynongsruang, President, Thailand Science Research and Innovation (TSRI), Thailand

63. The Science of PEMF and Its Wellness Applications
Franz Zach, Owner, Sedona Wellness, United Arab Emirates

Wellness Real Estate, Investment & Design

64. From Healthcare Innovation to Wellness Living
Gaurang Lakhani, Managing Partner & Business Development Head, Akshar Gamma Steriles LLP, India

65. Investing in Mixed-Use Wellness Developments
Ömer K. Isvan, Founder & President, Servotel Corporation, United Kingdom

66. Investing in the Future of Wellness Real Estate
Rakesh Patel, Founder & CEO, Alta Capital Real Estate, Hong Kong (SAR China)

67. LEED, WELL and Fitwel: Which Certifications Matter?
Christine Bruckner, PhD, FAIA, Global Director, M Moser Associates, Hong Kong (SAR China)

68. Lessons from Leading Mega-Developments
Melisa Pezuk, SVP, Dubai Holding Land Estate, United Arab Emirates

69. The Next Generation of Wellness Hospitality Development
Amy McDonald, CEO & Founder, Under a Tree, United States

12:59 – 2:29 PM
Continued

70. Three Development Mistakes to Avoid
Ingo Ronald Schweder, Chief Executive Officer, GOCO Hospitality, Thailand

71. Wellness Communities: Mistakes and Non-Negotiables
Steve Nygren, Founder & CEO, Serenbe, United States

Wellness Travel & Retreats

72. Designing Retreats That Truly Transform
Sallie Fraenkel, President, Mind Body Spirit Network, United States

73. From Creating Experiences to Guiding Transformation
Wendy Bosalavage, Founder, Being Well Collective, United States

74. Making Meetings and Events More Wellness-Focused
David T Stevens, Wellness Architect, Olympian Meeting, United States

75. The Future of Global Wellness Tourism
Lindsay Madden-Nadeau, Senior Director Wellness Strategy & Development, Red Sea Global, Saudi Arabia

76. The Odyssey Journey: Transformation Then and Now
Marina Efraimoglou, Founder & Owner, Euphoria Retreat, Greece

77. What's Next in Wellness Tourism
Katherine Droga, Founder, Well Traveller Media, Australia

2:31 – 3:01 PM	**Shark Tank Of Wellness** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **Christie Lockhart**, Executive Coordinator, Global Wellness Summit and Global Wellness Institute, United States **Finalists:** **Darwen Deil Lachica,** Bachelor of Science in Management, University of the Philippines - Cebu, Philippines Professor: **Chum Keji Ocan** **Imani Laird**, Political Science, Hampton University, United States Professor: **Glenda Evans** **Weronika Szlachcic**, Management and Quality Sciences, Wroclaw University of Economics and Business, Poland Professor: **Iwona Czerska** **Wellness Sharks:** **Karen Campbell**, Business Development Director, Chiva-Som, Thailand **Mia Kyricos**, Founder & Chief Strategist, Kyricos and Associates, LLC, United States **Frank Pitsikalis**, SVP, Product Strategy and CMO, Agilysys, Canada
3:03 – 3:23 PM	**Building Community: The New Currency of Hospitality Brands** **In Conversation:** **Lisa Von Tang**, Founder & Creative Director, Lisa Von Tang, Singapore **Colin Low**, CEO, Patience Lifestyle, Singapore **Lexie Rodriguez**, VP of Lifestyle, Capella Hotel Group, Singapore
3:25 – 3:40PM	**World Premiere Film — Stories That Move Us** **Tal Danai**, Founder & Creative Director, ArtLink, United Kingdom

3:42 – 3:57 PM	**Immersive Entertainment: The Science-Backed Blueprint for the Next Frontier in Wellness** **Deron Triff**, Founder, Project VELUM, United States
3:59 – 4:29 PM Hospitality Lounge	**Networking Energy Break + Innovation Lab**
4:31 – 4:51 PM	**The Women's Health Conversation Nobody Wants to Have** **Christopher Asandra, MD**, Founder & Chief Medical Officer, AsandraMD, United States
4:53 – 5:13 PM	**Wellness for Millions, Not Millionaires** **Ramona Chiriac**, Vice President, Global Impact, Therme Group, Romania
5:15 – 5:35 PM	**Can a Wellness Destination Keep Its Soul as It Scales?** **Krip Rojanastien,** Chairman & CEO, Chiva-Som International Health Resorts, Thailand
7:30 – 10:30 PM	**The 2026 GWS Gala** Celebrate 20 years of the Global Wellness Summit with an extraordinary evening on the shores of Phuket. Follow an illuminated pathway to a spectacular beachfront setting beneath the tropical night sky, where our Thai hosts will welcome the global wellness community for an unforgettable evening of exceptional cuisine, warm hospitality and meaningful connections. A magical setting for the Summit's signature celebration—and a night not to be missed. *Dress Code: Beachfront Glamour! Dress to dazzle for our 20th anniversary celebration—evening attire with a touch of tropical flair.*

DAY THREE

FRIDAY, NOVEMBER 13, 2026

MORNING WELLNESS ACTIVITIES

6:30 – 7:00 AM	**Technogym Mind & Body Movement: Free Your Mind—Flow, Hold & Breathe** Restore balance through mindful stretching, mobility exercises and guided breathing. Using the Technogym Wellness Ball, mat and bodyweight movements, this restorative session improves flexibility, posture and body awareness while releasing tension and strengthening the mind-body connection. Suitable for all fitness levels.
6:30 – 7:15 AM	**BuDhaGirl Wellness Collective: A Morning Sound Ritual** Begin the day with an intentional pause. Led by **Lauren Cureton** of the BuDhaGirl Wellness Collective, this restorative experience combines gentle grounding, conscious breathing and intention setting with an immersive crystal singing bowl sound bath, inviting clarity, connection and a deeper sense of presence.
6:30 – 7:15 AM	**SANCTUM Signature Sequence: The Dance of Vibrations** Experience the rhythm of life through Sanctum's signature blend of movement, breathwork, music and collective energy. Led by founder **Luuk Melisse**, this immersive journey invites participants to release resistance, embrace change and connect with the energy within and around them.

DAY THREE PLENARY SESSIONS BEGIN
All sessions in ACES unless otherwise noted.

8:30 – 8:50 AM	**The Power of Place: 20 Years of Seeing the World Together** **Louie Schwartzberg**, Filmmaker & CEO, Moving Art, United States
8:52 – 9:17 AM	**What Remains When We Stop Trying to Improve Ourselves?** **Ajahn Jayasaro**, Buddhist Monk & Spiritual Teacher, Thailand
9:19 – 9:39 AM	**The Hospitality Empire That Refuses to Stand Still** **William E. Heinecke**, Founder & Chairman, Minor International, Thailand **In Conversation with:** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States
9:41 – 9:51 AM	**Lifespan. Healthspan. Playspan.** **Jiří Dvořák, MD, PhD**, 2026 GWS Co-Chair; Professor of Neurology, Schulthess Clinic Zurich & BDMS Wellness Clinic; Former Chief Medical Officer, FIFA; Switzerland
9:53 – 10:13 AM	**Can You Design a Place People Feel They Belong?** **Bernhard Bohnenberger**, Co-Founder & CEO, Discover Collection, Thailand **In Conversation with:** **Sarah Miller**, Luxury Brand Ambassador, Wall Street Journal, United Kingdom
10:15 – 10:45 AM Hospitality Lounge	**Networking Energy Break + Innovation Lab**

10:47 – 11:07 AM	**Cultures That Flourish in a Fractured World** **Renee Moorefield, PhD**, Founder & CEO, Wisdom Works Group, United States **In Conversation with:** **Eva McLellan**, Global Healthcare Executive and Co-Founder, Unlocking Eve, Switzerland
11:09 – 11:29 AM	**Future Wellness Cities: Cultural Capital & Wellness-Led Urban Developments** **Moderated by:** **Heidi Moon**, Chief Marketing Officer, Global Wellness Summit and Global Wellness Institute, United States **Participants:** **David Delrahim**, Founder & CEO, COCUN, United States **Proudputh Liptapanlop**, Executive Director, Proud Real Estate, Thailand **Ari Peralta**, Director, Arigami, United States
11:31 – 11:39 AM	**Announcing the Intentional Spaces Initiative's Inaguaral Design Challenge** *A collaboration by the International Arts + Mind Lab at Johns Hopkins School of Medicine, Global Wellness Institute and Aldar* **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **Susan Magsamen**, Executive Director, International Arts + Mind Lab, Center for Applied Neuroaesthetics, Johns Hopkins University School of Medicine; Co-Author, *Your Brain on Art*; United States
11:41 – 11:51 AM	**Passion Story: Why Longevity Needs an Ithaka** **Marina Efraimoglou**, Owner & Founder, Euphoria Retreat, Greece
11:53 AM – 12:03 PM	**Global Wellness Day: Drumming Up a Movement** **Belgin Aksoy**, Founder, Global Wellness Day, Turkey

12:05 – 1:05 PM Market Place, Angsana Ballroom, Anchan+Orchid, Tabak+Phak Tob, Bodega Grill	**Relaxed Lunch**
1:07 – 1:13 PM	**Announcement of Shark Tank of Wellness Awards** *$10,000 in Prize Money Awarded to Finalists: 1st, 2nd, and 3rd place* **Shark Tank Finalists:** **Darwen Deil Lachica**, Bachelor of Science in Management, University of the Philippines - Cebu, Philippines **Imani Laird**, Political Science, Hampton University, United States **Weronika Szlachcic**, Management and Quality Sciences, Wroclaw University of Economics and Business, Poland **Wellness Sharks:** **Karen Campbell**, Business Development Director, Chiva-Som, Thailand **Mia Kyricos**, Founder & Chief Strategist, Kyricos and Associates, LLC, United States **Frank Pitsikalis**, SVP, Product Strategy and CMO, Agilysys, Canada
1:15 – 1:35 PM	**Thailand's Vision: Leading the Future of Global Health and Wellness** **H.E. Pattana Promphat**, Minister of Public Health, Ministry of Public Health, Thailand
1:37 – 1:57 PM	**Advancing Scientific Wellness in the New WellEra** **Tanupol Virunhagarun, MD**, Chief Executive Officer, Group 8 (BDMS Wellness Clinic, BDMS Wellness Resort and BDMS Silver), Bangkok Dusit Medical Services Public Company Limited (BDMS), Thailand

1:59 – 2:19 PM	**Beyond Longevity: Rethinking What It Means to Live Well** **Melodie Nakhle**, Global Chief Marketing Officer, Amway, United States
2:21 – 2:41 PM	**The Next Chapter in Global Hospitality** **Neil Jacobs**, Founder, Wild Origins, United States **In Conversation with:** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit, United States
2:43 – 3:08 PM Hospitality Lounge	**Networking Energy Break + Innovation Lab**
3:10 – 3:35 PM	**The Art of Living Well: Movement, Memory and the Wisdom of Place** **Lindsay Madden-Nadeau**, Senior Director Wellness Strategy & Development, Red Sea Global, Kingdom of Saudi Arabia **Bilal Allaf**, Choreographer, Kingdom of Saudi Arabia
3:37 – 3:57 PM	**A Quiet Revolution: A Case for Putting Hearing on Your Longevity Playlist** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **In Conversation with:** **Julie "DJ Hesta Prynn" Slavin**, DJ & Licensed Clinical Therapist, Music Connection Therapy, United States
3:59 – 4:09 PM	**Special Presentation: The Woman Who Changed the Wellness World** **Presented by:** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **With GWS Strategic Partners, Sponsors, GWS & GWI Advisory Boards**

4:11 – 4:21 PM	**Special Presentation: The Woman Who Changed Our World** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **With GWS + GWI Teams**
4:23 – 4:33 PM	**Special Presentation: Co-Chair Awards** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **Susie Ellis**, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States **2026 GWS Co-Chairs** **Cathy Feliciano-Chon**, Managing Partner, FINN Partners APAC, Greater China, Hong Kong **Jiří Dvořák, MD, PhD**, Professor Emeritus of Neurology, University of Zurich; Co-Founder and Executive Senior Adviser, BDMS Wellness Clinic; Switzerland **Jessica Jesse**, Founder, CEO & Creative Director, BuDhaGirl®; Founder, Zen Collective, United States **Pongsadhorn Pokpermdee, MD, PhD**, Director General, Department of Thai Traditional and Alternative Medicine, Ministry of Public Health, Thailand
4:35 – 4:40 PM	**Flag Tease!** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **Susie Ellis**, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States

4:42 – 4:48 PM	**Announcement: GWS 2027** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit and Global Wellness Institute, United States **Susie Ellis**, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States *With Special Guests*
4:49 – 4:55 PM	**Film Premiere: 20 Years & Going Strong** **Claire Small**, Head of Creative, BBC Studios, United Kingdom
4:57 – 5:02 PM	**Special Presentation: The Woman Who Is Our World** **Nancy Davis**, Chief Creative Officer & Executive Director, Global Wellness Summit, United States **Katrine Formby**, Vice President, Sable Investments, United States *With Special Guests*
5:03 – 5:10 PM	**The Last Word & Sparkling Toast** **Susie Ellis**, Chair & CEO, Global Wellness Summit and Global Wellness Institute, United States

POST-SUMMIT EXPERIENCES

FRIDAY, NOVEMBER 13 – MONDAY, NOVEMBER 16

Immersive Resort Experiences

Restore, recharge, and experience Thailand's legendary wellness hospitality with exclusive stays at some of the country's most celebrated wellness retreats, including Anantara Siam Bangkok, BDMS Wellness Clinic x Sri panwa Wellness Retreat, Chiva-Som Hua Hin, Kamalaya Koh Samui, Anantara Layan Phuket and Clinique La Prairie.

SATURDAY, NOVEMBER 14

All excursions depart from and return to Angsana Laguna Phuket.
Book through Summit registration or Summit app by November 2.

8:30 AM – 5:00 PM	**Wellness Business Day Tour** Gain privileged access to some of Thailand's most innovative wellness businesses. Featured experiences include the new Clinique La Prairie Health Resort at Tri Vananda (a multigenerational real estate community), Tri Vananda, JARA Wellness Center at Trisara Resort, Layan LIFE by Anantara, and BDMS Wellness Clinic. Led by **Dervla Louli Musgrave**, founder of Compare Retreats.
8:00 AM – 1:00 PM	**Jungle Zipline Experience** Experience the rainforest from above at Hanuman World Phuket. Soar across one of Thailand's premier zipline courses, enjoy panoramic views from the Skywalk, and challenge yourself with an unforgettable adventure that combines movement, nature, and exhilaration.
8:00 AM – 1:00 PM	**Market to Table Cooking Class** Explore Thailand's culinary wellness traditions with a guided market visit followed by a hands-on cooking class at the renowned Blue Elephant Cooking School. Learn to prepare authentic Thai dishes with local ingredients and authentic cooking techniques before enjoying the meal you've created.

8:00 AM – 4:00 PM	**Private Speedboat Tour of Phang Nga Bay** Discover the spectacular beauty of Phang Nga Bay by private speedboat, cruising through one of Thailand's most iconic seascapes of emerald waters and dramatic limestone karsts. Explore hidden lagoons by canoe, visit the famous James Bond Island, experience the floating village of Koh Panyee, and enjoy a relaxing lunch on the private shores of Naka Noi Island before unwinding on its beautiful beaches.
8:30 AM – 1:30 PM	**Elephant Sanctuary Experience** Spend a meaningful day at Phuket Elephant Sanctuary, where rescued elephants roam freely through lush jungle and open fields. Learn about the sanctuary's conservation mission, observe elephants in their natural habitat, participate in a hands-on activity supporting the herd, and enjoy a nourishing vegetarian Thai lunch.
9:00 AM – 2:00 PM	**Old Town Phuket Walking Tour** Immerse yourself in Phuket's rich cultural heritage through historic neighborhoods, a stop to Ban China Inn for desserts and a live Gu-Zheng performance, a visit to the Moh Seng Historical Museum, and hands-on culinary workshops at Ban Khun Chananithet where guests prepare local dishes like Hokkien noodles and Phuket desserts. The experience concludes with a relaxed hillside lunch at Tung Ka Café, overlooking Phuket Town and the Andaman Sea.
Times Vary	**Anantara Layan: Post-Summit Wellness Day** Layan Life workshop, movement, sound healing and wellness cooking; separate booking.

Meeting time and location by request	**Hosting a Future Summit** Meet with **Nancy Davis,** GWS Chief Creative Officer & Executive Director, and **Michelle Gamble**, GWS SVP, Global Business Development, to discuss your interest in hosting a future Summit. Please reach out to Michelle (michelle.gamble@globalwellnesssummit.com) ahead of time to schedule your meeting.