

ASIA: BALI

1. What is currently making news in your country when it comes to wellness or wellbeing?

More and more wellness programs such as intensive detox and cleansing retreat programs are offered in many hotels and stand-alone wellness facilities as well as health and nutrition awareness and campaign and a much increasing supporting yoga festivals almost throughout the countries, especially in Bali and Jakarta.

2. Please provide one sentence that describes what you think are important developments in your country for each of the following:

The stakeholders; government, communities seems to be creating opportunities and at the same time providing the supports in need to enhance the development to various and much better level.

3. How would you describe the state of workplace wellness in your country?

Our country has a complete set of talented skillful people who were raised in servicing culture. We have richest culture that able to support the wellness but need the advance employment system support hand in hand by the professionals and government. This system is to give the space and recognize the local skills and knowledge to be able to compete with the other professional from other country.

4. What has been the general attitude about investing in spa/wellness in your country in 2015? Specific examples?

For spa destination and wellness tourism, both in quality and quantity. Not only in Bali but also spread out to more and more regions in Indonesia which offer different cultures that influence the spa treatments as well as the wellness programs.

For example:

Nihiwatu resort in Sumba island, which can be reached by 50 minutes flight from Bali. The unique 'Nihi Oka Spa Safari' offers couples a full day experience journeying across Sumba's dramatic west coast to nearby Nihi Oka valley. Guests have the

option to join a one-hour group morning yoga session before a bush-cooked breakfast in the rustic Nihi Oka treehouse platform. Any number of pre-selected treatments can be enjoyed amidst uninterrupted views of the sea and cascading rice paddy fields. Treatments include full body massage, cooling and rejuvenating wraps, body scrubs and foot reflexology – all using natural, local ingredients.

5. Whose responsibility is it to create a well world?

Everybody who cares about today, tomorrow and the next generation of our children.

SUBMITTED BY:

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