WELLNESS THROUGH DESIGN
HEALING ARCHITECTURE
Is there scientific proof for healing environments? 
Design parameters (sound, light) scientifically tested
Adaptable scenography linked to vital body condition (blood pressure etc)
Physical Wellness through responsive environments

NEW ICU UNIT, UNIVERSITY CLINIC CHARITÉ BERLIN
AUTHENTICITY + SUSTAINABILITY
CRADLE 2 CRADLE

Biological Cycle
- Plants
- Biological Nutrients
- Use
- Biological Degradation
- for Products for consumption

Technical Cycle
- Technical Nutrients
- Disassembly
- Return to Producer
- Use
- for Products for Service

Production

Product

Cradle to Cradle
MAKE IT RIGHT COMMUNITY, NEW ORLEANS
Alignment with cyclic events
Design shaped by the sun, the moon
Ultra local design parameters
Oikos connected to the cosmos
SIX SENSES GAMMARTH, TUNESIA
The fusion of destination and design
Formfinding through marrying natural forces and local environment
Healthy materiality and circular economies of water, energy, waste
Wellness also means wellness within construction
SACRED GEOMETRY IN DESIGN
• Premise is that geometry, harmonics, proportion and mathematical ratios are also found in music, light and cosmology
• Humans resonate at both cellular and conscious levels with our environment
• Creating an environment utilizing principles of sacred geometry has the ability to enhance our connection with nature and sustain (rather than drain)
BIOPHILIC DESIGN
• Visual connection with nature
• Presence of water
• Natural materials, colors and patterns
• User “experience” in mind

SIX SENSES QING CHENG MOUNTAIN, CHINA
ORGANIC GARDENS

• To be effective + productive space must be programmed in the initial design
• Beyond beautiful, living wellness
• Zero chemicals, pesticides or synthetic fertilizers
• Supportive of nourishing + nurturing the body from the inside out
• Eat with Six Senses
BIOLOGICAL LIGHTING
- Circadian supportive lighting
- Enhanced controls
- LSG HealthE Lighting Series
  - GoodDay Lamps
  - GoodNight Lamps
  - Genesis
SLEEP SUPPORT THROUGH DESIGN

- Biological lighting
- Lighting + thermal controls
- Blackout shades
- High quality lighting
- Quality water

SIX SENSES DOURO VALLEY, PORTUGAL
THERE ARE NO PASSENGERS ON SPACESHIP EARTH: WE ARE ALL CREW.

MARSHALL McLuhan